



Monday 04/08/2024

**Breakfast Duty 8:00am - 8:30am**

**Band/Choir - 7 & 8 (Group A) 8:35am - 9:30am**

**Practice for Spring Concert - Ukuleles and Solo Songs for Musical**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn10.0.8a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.
- MU:Cr1.1.8a** Generate rhythmic, melodic and harmonic phrases and harmonic accompaniments within expanded forms (including introductions, transitions, and codas) that convey expressive intent.
- MU:Cr2.1.8a** Select, organize, and document personal musical ideas for arrangements, songs, and compositions within expanded forms that demonstrate tension and release, unity and variety, balance, and convey expressive intent.
- MU:Cr2.1.8b** Use standard and/or iconic notation and/or audio/ video recording to document personal rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.8a** Evaluate their own work by selecting and applying criteria including appropriate application of compositional techniques, style, form, and use of sound sources.
- MU:Cr3.1.8b** Describe the rationale for refining works by explaining the choices, based on evaluation criteria.
- MU:Cr3.2.8a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate the application of compositional techniques for creating unity and variety, tension and release, and balance to convey expressive intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr1.1.7a** Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.
- MU:Cr2.1.7a** Select, organize, develop and document personal musical ideas for arrangements, songs, and compositions within AB, ABA, or theme and variation forms that demonstrate unity and variety and convey expressive intent.
- MU:Cr2.1.7b** Use standard and/or iconic notation and/or audio/ video recording to document personal simple rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.7a** Evaluate their own work, applying selected criteria such as appropriate application of elements of music including style, form, and use of sound sources.
- MU:Cr3.1.7b** Describe the rationale for making revisions to the music based on evaluation criteria and feedback from others (teacher and peers).
- MU:Cr3.2.7a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate unity and variety, and convey expressive intent.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.7a** Explain and demonstrate the structure of contrasting pieces of music selected for performance and how elements of music are used.
- MU:Pr4.2.7b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch articulation, dynamics, tempo, and form.



- MU:Pr4.3.7a** Perform contrasting pieces of music demonstrating their interpretations of the elements of music and expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.
- MU:Pr5.1.7a** Identify and apply collaboratively-developed criteria (such as demonstrating correct interpretation of notation, technical skill of performer, originality, emotional impact, and interest) to rehearse, refine, and determine when the music is ready to perform.
- MU:Pr6.1.7a** Perform the music with technical accuracy and stylistic expression to convey the creator's intent.
- MU:Pr6.1.7b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue, purpose, and context.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re9.1.7a** Select from teacher-provided criteria to evaluate musical works or performances.
- MU:Cn10.0.7a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cn11.0.7a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cn11.0** Connect 11 - Relate musical ideas and works with varied context to deepen understanding.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr4.1.7a** Apply collaboratively-developed criteria for selecting music of contrasting styles for a program with a specific purpose and/or context and, after discussion, identify expressive qualities, technical challenges, and reasons for choices.
- MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re9.1** Evaluate - Support evaluations of musical works and performances based on analysis, interpretation, and established criteria.
- MU:Re7.1.7a** Select or choose contrasting music to listen to and compare the connections to specific interests or experiences for a specific purpose.
- MU:Re7.2.7b** Identify and compare the context of music from a variety of genres, cultures, and historical periods.
- MU:Re8.1.7a** Support personal interpretation of contrasting programs of music and explain how creators' or performers' apply the elements of music and expressive qualities, within genres, cultures, and historical periods to convey expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Group Performance/Solo Musical Performances**

**NEED CD PLAYER**

1. Changed to whole class performance and songs for the solos for musical
2. We will only have time to do 9 performances in between the musical acts so 7th and 8th students who are not in the musical will play the ukulele together ("Sittin' on the Dock of the Bay").  
"The rest of the students will work on songs for the play."

**Prep 9:33am - 11:20am**

**Lunch 11:20am - 12:12pm**



**Music - Pre K 12:15pm - 1:00pm**

**Practice for the Spring Concert "From My Hear to Your Heart" - Singing**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr2.1.PreKa** With substantial guidance, explore favorite musical ideas (such as movements, vocalizations, or instrumental accompaniments).
- MU:Cr2.1.PreKb** With substantial guidance, select and keep track of the order for performing original musical ideas, using iconic notation and/or recording technology.
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.2.PreKa** With substantial guidance, explore and demonstrate awareness of musical contrasts.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr4.3.PreKa** With substantial guidance, explore music's expressive qualities (such as voice quality, dynamics, and tempo).
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr5.1.PreKb** With substantial guidance, apply personal, peer, and teacher feedback to refine performances.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr6.1.PreKa** With substantial guidance, perform music with expression.
- MU:Re7.2.PreKa** With substantial guidance, explore musical contrasts in music.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re8.1.PreKa** With substantial guidance, explore music's expressive qualities (such as dynamics and tempo).

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Students will:**

1. **Learn and practice** "From My Heart to Your Heart" Graduation Song for Kids by Jack Hartmann  
1. Link: <http://youtu.be/OFINq4LySwo?si=3hIY48oLyJFN59D7>
2. **Learn and practice** the actions in the song.  
1. Link: <http://youtu.be/OFINq4LySwo?si=3hIY48oLyJFN59D7>

**Music - 2 1:00pm - 1:45pm**

**Practice for Spring Concert - "Can't Stop the Feeling" - Singing with Choreography**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn11.0.2a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.



- MU:Pr4.2 Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3 Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr5.1 Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr4.1.2a Demonstrate and explain personal interest in, knowledge about, and purpose of varied musical selections.
- MU:Pr4.2.2a Demonstrate knowledge of music concepts (such as tonality and meter) in music from a variety of cultures selected for performance.
- MU:Pr4.2.2b When analyzing selected music, read and perform rhythmic and melodic patterns using iconic or standard notation.
- MU:Pr4.3.2a Demonstrate understanding of expressive qualities (such as dynamics and tempo) and how creators use them to convey expressive intent.
- MU:Pr5.1.2a Apply established criteria to judge the accuracy, expressiveness, and effectiveness of performances.
- MU:Pr5.1.2b Rehearse, identify and apply strategies to address interpretive, performance, and technical challenges of music.
- MU:Pr6.1.2a Perform music for a specific purpose with expression and technical accuracy.
- MU:Pr6.1.2b Perform appropriately for the audience and purpose.
- MU:Re7.1 Select - Choose music appropriate for a specific purpose or context.
- MU:Re8.1 Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re7.1.2a Explain and demonstrate how personal interests and experiences influence musical selection for specific purposes.
- MU:Re8.1.2a Demonstrate knowledge of music concepts and how they support creators'/ performers' expressive intent.
- MU:Re9.1.2a Apply personal and expressive preferences in the evaluation of music for specific purposes.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Students will:**

- **Continue to practice the choreography** for "Can't Stop the Feeling" - Music Express choreography Nachman Music
  - Link: <http://youtu.be/TgcwKrf8wHM?si=tRoKi7o-zfaKCOpA>
- **Continue to practice the song** for "Can't Stop the Feeling" -
  - Words and Music by JUSTIN TIMBERLAKE, MAX MARTIN and SHELLBACK
- **Continue to put it all together** for a complete song and dance routine

**Music - 5 1:45pm - 2:30pm**

**Practice for Spring Concert - "Yankee Doodle" - Recorder Duet**

**Standards**

- MU:Cn10.0 Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cr1.1 Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1 Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Pr4.1 Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2 Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr5.1 Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr4.2.5a Demonstrate understanding of the structure and the elements of music (such as rhythm, pitch, form, and harmony) in music selected for performance.



**MU:Pr4.2.5b** When analyzing selected music, read and perform using standard notation.

**MU:Pr5.1.5a** Apply teacher-provided and established criteria and feedback to evaluate the accuracy and expressiveness of ensemble and personal performances.

**MU:Pr5.1.5b** Rehearse to refine technical accuracy and expressive qualities to address challenges, and show improvement over time.

**MU:Pr6.1.5a** Perform music, alone or with others, with expression, technical accuracy, and appropriate interpretation.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

1. **Continue practice** of "Yankee Doodle" focusing on staying together
2. **When competent, move to** the harmony of the song
3. After the class is concert ready, practice songs in the new Recorder books.

Recess 2:30pm - 2:45pm

Music - 6 2:45pm - 3:30pm

**Practice for Spring Concert - The Sound of Silence - Singing with Harmonizing**

**Standards**

**MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.

**MU:Cn11.0.6a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.

**MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.

**MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts

**MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.

**MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.

**MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

**MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.

**MU:Pr4.1.6a** Apply teacher-provided criteria for selecting music to perform for a specific purpose and/or context, and explain why each was chosen.

**MU:Pr4.2.6a** Explain how understanding the structure and the elements of music are used in music selected for performance.

**MU:Pr4.2.6b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch, articulation, and dynamics.

**MU:Pr4.3.6a** Perform a selected piece of music demonstrating how their interpretations of the elements of music and the expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.

**MU:Pr5.1.6a** Identify and apply teacher-provided criteria (such as correct interpretation of notation, technical accuracy, originality, and interest) to rehearse, refine, and determine when a piece is ready to perform.

**MU:Pr6.1.6a** Perform the music with technical accuracy to convey the creator's intent.

**MU:Pr6.1.6b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue and purpose.

**MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.



**MU:Re7.1.6a** Select or choose music to listen to and explain the connections to specific interests or experiences for a specific purpose.

**MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.

**MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.

**MU:Re9.1.6a** Apply teacher-provided criteria to evaluate musical works or performances.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

Students have decided on a song, so the class will begin with singing the individual parts of "*The Sound of Silence*"

- Girls will sing the melody
- Boys will sing the harmony
- Use websites below to practice both parts of the song.

1. **The Sound of Silence: In Two Parts (sung together)** Link: <http://youtu.be/walM3uqKBR0?feature=shared>
2. **Sound of Silence: Both parts sung together and individually** Link: <http://youtu.be/HDFk3HcvX-l?feature=shared>
3. **Multitrack breakdown of "Sound of Silence" by Simon and Garfunkel (instruments and both voices)** Link: <http://youtu.be/-BBGdtJu37s?feature=shared>



Tuesday 04/09/2024

**Breakfast Duty 8:00am - 8:30am**

Band/Choir - 7 & 8 (Group B) 8:35am - 9:30am

**Practice for Spring Concert - Ukuleles and Solo Songs for Musical**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn10.0.8a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.
- MU:Cr1.1.8a** Generate rhythmic, melodic and harmonic phrases and harmonic accompaniments within expanded forms (including introductions, transitions, and codas) that convey expressive intent.
- MU:Cr2.1.8a** Select, organize, and document personal musical ideas for arrangements, songs, and compositions within expanded forms that demonstrate tension and release, unity and variety, balance, and convey expressive intent.
- MU:Cr2.1.8b** Use standard and/or iconic notation and/or audio/ video recording to document personal rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.8a** Evaluate their own work by selecting and applying criteria including appropriate application of compositional techniques, style, form, and use of sound sources.
- MU:Cr3.1.8b** Describe the rationale for refining works by explaining the choices, based on evaluation criteria.
- MU:Cr3.2.8a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate the application of compositional techniques for creating unity and variety, tension and release, and balance to convey expressive intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr1.1.7a** Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.
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- MU:Cr3.1.7a** Evaluate their own work, applying selected criteria such as appropriate application of elements of music including style, form, and use of sound sources.
- MU:Cr3.1.7b** Describe the rationale for making revisions to the music based on evaluation criteria and feedback from others (teacher and peers).
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- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.7a** Explain and demonstrate the structure of contrasting pieces of music selected for performance and how elements of music are used.
- MU:Pr4.2.7b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch articulation, dynamics, tempo, and form.



- MU:Pr4.3.7a** Perform contrasting pieces of music demonstrating their interpretations of the elements of music and expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.
- MU:Pr5.1.7a** Identify and apply collaboratively-developed criteria (such as demonstrating correct interpretation of notation, technical skill of performer, originality, emotional impact, and interest) to rehearse, refine, and determine when the music is ready to perform.
- MU:Pr6.1.7a** Perform the music with technical accuracy and stylistic expression to convey the creator's intent.
- MU:Pr6.1.7b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue, purpose, and context.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re9.1.7a** Select from teacher-provided criteria to evaluate musical works or performances.
- MU:Cn10.0.7a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cn11.0.7a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cn11.0** Connect 11 - Relate musical ideas and works with varied context to deepen understanding.
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- MU:Re8.1.7a** Support personal interpretation of contrasting programs of music and explain how creators' or performers' apply the elements of music and expressive qualities, within genres, cultures, and historical periods to convey expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Group Performance/Solo Musical Performances**

**NEED CD PLAYER**

1. Changed to whole class performance and songs for the solos for musical
2. We will only have time to do 9 performances in between the musical acts so 7th and 8th students who are not in the musical will play the ukulele together ("Sittin' on the Dock of the Bay").  
"The rest of the students will work on songs for the play."

**Prep 9:33am - 11:20am**

**Lunch 11:20am - 12:12pm**



**PE - Pre K 12:15pm - 1:00pm**

**RHYTHM ACTIVITIES #3**

**Standards**

- 2.1c Exhibit a variety of small motor skills.
- 2.1e Engage in self-help skills.
- 2.1f Perform increasingly more sophisticated actions requiring hand-eye coordination.
- 2.2a Exhibit physical reflexes in response to stimulation.
- 2.2b Develop muscle tone and strength in trunk, neck, head, arms and legs.
- 2.2c Use developing motor skills to move more independently.
- 2.2d Develop coordination to use motor skills with toys.
- 2.2e Demonstrate skills to move in the environment.
- 2.2f Refine motor coordination and skills to play with toys and people.
- 2.2g Demonstrate increased ability to use skills requiring balance.
- 2.2h Perform large motor movement alone or with others.
- 2.2i Manipulate objects with large muscles.
- 2.3a Respond to touch, movement, and sound.
- 2.3b Focus eyes on near and far objects.
- 2.3c Calm with assistance.
- 2.3f Demonstrate an awareness of her body in space.
- 2.3h Adapt movements to specific situations.
- 2.3i Demonstrate concepts through movement.
- 2.4a React to participation in daily routines.
- 2.4c Indicate needs and wants.
- 2.4d Take and interest in meeting physical needs.
- 2.4e Participate in healthy routines.
- 2.4f Communicate with an adult when not feeling well.
- 2.4g Participate in bathroom routines with growing independence.
- 2.6a Attempt new large and small motor activities.
- 2.6b Participate in simple movement games.
- 2.6c Initiate active play, exploration, and engagement with the environment.
- 2.6d Participate in simple games, dance, outdoor play, and other forms of movement.
- 2.6e Engage in activities requiring new skills, without adult assistance.
- 2.6f Participate in physically active games with peers.
- 2.6g Recognize the positive feelings experienced during and after physical activity.
- 2.7a Show preference for familiar people and recognize the difference between familiar people and strangers.
- 2.7b Respond to cues from caregiver regarding obvious signs of danger or previous warnings.
- 2.7e Identify who has hurt or made him or her feel bad.
- 2.7d Recognize rules and follow basic safety instructions.
- 2.7f Understand and anticipate potential consequences of disregarding rules.
- 2.7g Recognize and describe the reasons for rules.
- 2.7h Make choices about behaviors or activities when presented with alternatives.
- 2.7i Control or appropriately express intense emotions most of the time.

**Objectives:**

- Proper warm-up and cool-down and stretching techniques



- Develop rhythmic movement skills
- Develop cardiovascular fitness
- Have ample opportunities to practice moving to a beat
- Enjoy physical activity

### Lesson / Instruction

#### (10 min) Warm Up:

- Squirm, Wiggle, Jiggle (Card 56)

#### (10 mins) Go Fitness:

- Rum Pum Pum (Card 53)
- Shaping Up (Card 60)

#### (10 min) Go Activity: Rhythm Activities

- Automobeat (Card 339)
- The Rhythm Train (Card 340)

#### (5 min) Cool-down:

- Walking Talking Spelling Bees (Card 14)

## PE - 4 1:00pm - 1:45pm

### TENNIS - LESSON #3

#### Standards

- 4.PE.1 Use a combination of motor skills to engage in a variety of activities.
- 4.PE.6 Analyze opportunities for participating in physical activities outside health enhancement class.
- 4.PE.7 Actively engages in the activities of health enhancement class, both teacher-directed and independent.
- 4.PE.9 Engage in warm-up and cool-down activities related to cardio-respiratory fitness assessment.
- 4.PE.10 Demonstrate responsible behavior in independent group situations.
- 4.PE.11 Reflect on personal social behavior in physical activity.
- 4.PE.12 Listen respectfully to corrective feedback from others.
- 4.PE.13 Adhere to rules of etiquette in a variety of physical activities.
- 4.PE.14 Recognize and support individual differences in movement performance at all skill levels.
- 4.PE.15 Describe ways to accept other's ideas, cultural diversity, and body types during games and physical activities.
- 4.PE.16 Work safely with peers and equipment in physical activity settings.
- 4.PE.18 Rate the enjoyment of participating in challenging and mastered physical activities; and

#### Objectives:

- Practice and improve fundamental striking and tennis skills racket grip, forehand, backhand, ready position).
- Actively participate in tennis lead-up games and challenges to utilize learned skills and develop physical fitness.
- Have fun being physically active.

### Lesson / Instruction

**GO ACTIVITY:** Tennis: CATCH Challenge Level I

**NAME OF ACTIVITY:** Walk & Roll (CARD 565)

**EQUIPMENT:** plastic paddle or tennis racket and a tennis ball for each student, cones to designate activity area

**SKILL THEME(S):** striking

**SPORT SKILLS & STRATEGY:** racket control and grip, forehand/backhand striking

#### ORGANIZATION:

1. Students are scattered in a designated activity area.

#### DESCRIPTION:

- Students begin with the tennis ball "sandwiched" between the outside of a foot and the tennis racket.
- On signal (whistle, drum, music), students push their ball throughout the activity area.
- The ball should roll on the ground and stay within a racket length at all times.
- Upon hearing the stop signal, students have 3 seconds to "sandwich" their ball in the starting position.

#### TEACHING SUGGESTIONS:

1. Remind students to "keep a firm wrist" when tapping the ball.

#### NOW TRY THIS:

1. Require only forehand or backhand taps.
2. Challenge students to walk backward and tap.
3. Challenge students to walk sideways but keep the ball in front of their body.
4. Scatter cones throughout the activity area. Challenge students to tap their ball without touching the cones, or to use the cones as targets and touch as many cones as possible.

## Recess 1:45pm - 2:00pm



**PE - 3 2:00pm - 2:45pm**

**TENNIS - LESSON #3**

**Standards**

- 3.PE.1 Perform a combination of motor skills in various contexts.
- 3.PE.4 Recognize the concept of open space in movement context.
- 3.PE.7 Engage in the activities of health enhancement class without teacher prompting
- 3.PE.9 Recognize the importance of warm-up and cool-down activities related to vigorous physical activity.
- 3.PE.10 Practice personal responsibility in teacher-directed activities.
- 3.PE.11 Work independently for extended periods of time.
- 3.PE.12 Accept and implement specific corrective teacher feedback.
- 3.PE.13 Recognize the role of rules and etiquette in physical activity with peers.
- 3.PE.14 Support and work cooperatively with others.
- 3.PE.15 Discuss ways to accept other's ideas, cultural diversity, and body types during games and physical activities.
- 3.PE.16 Work independently and safely in physical activity settings.
- 3.PE.18 Discuss the challenge that comes from learning a new physical activity; and

**Objectives:**

- Practice and improve fundamental striking and tennis skills racket grip, forehand, backhand, ready position).
- Actively participate in tennis lead-up games and challenges to utilize learned skills and develop physical fitness.
- Have fun being physically active.

**Lesson / Instruction**

**GO ACTIVITY:** Tennis: CATCH Challenge Level I

**NAME OF ACTIVITY:** Walk & Roll (CARD 565)

**EQUIPMENT:** plastic paddle or tennis racket and a tennis ball for each student, cones to designate activity area

**SKILL THEME(S):** striking

**SPORT SKILLS & STRATEGY:** racket control and grip, forehand/backhand striking

**ORGANIZATION:**

1. Students are scattered in a designated activity area.

**DESCRIPTION:**

- Students begin with the tennis ball "sandwiched" between the outside of a foot and the tennis racket.
- On signal (whistle, drum, music), students push their ball throughout the activity area.
- The ball should roll on the ground and stay within a racket length at all times.
- Upon hearing the stop signal, students have 3 seconds to "sandwich" their ball in the starting position.

**TEACHING SUGGESTIONS:**

1. Remind students to "keep a firm wrist" when tapping the ball.

**NOW TRY THIS:**

1. Require only forehand or backhand taps.
2. Challenge students to walk backward and tap.
3. Challenge students to walk sideways but keep the ball in front of their body.
4. Scatter cones throughout the activity area. Challenge students to tap their ball without touching the cones, or to use the cones as targets and touch as many cones as possible.



Wednesday 04/10/2024

**Breakfast Duty 8:00am - 8:30am**

**Band/Choir - 7 & 8 (Group A) 8:35am - 9:30am**

**Practice for Spring Concert - Ukuleles and Solo Songs for Musical**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn10.0.8a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.
- MU:Cr1.1.8a** Generate rhythmic, melodic and harmonic phrases and harmonic accompaniments within expanded forms (including introductions, transitions, and codas) that convey expressive intent.
- MU:Cr2.1.8a** Select, organize, and document personal musical ideas for arrangements, songs, and compositions within expanded forms that demonstrate tension and release, unity and variety, balance, and convey expressive intent.
- MU:Cr2.1.8b** Use standard and/or iconic notation and/or audio/ video recording to document personal rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.8a** Evaluate their own work by selecting and applying criteria including appropriate application of compositional techniques, style, form, and use of sound sources.
- MU:Cr3.1.8b** Describe the rationale for refining works by explaining the choices, based on evaluation criteria.
- MU:Cr3.2.8a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate the application of compositional techniques for creating unity and variety, tension and release, and balance to convey expressive intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr1.1.7a** Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.
- MU:Cr2.1.7a** Select, organize, develop and document personal musical ideas for arrangements, songs, and compositions within AB, ABA, or theme and variation forms that demonstrate unity and variety and convey expressive intent.
- MU:Cr2.1.7b** Use standard and/or iconic notation and/or audio/ video recording to document personal simple rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.7a** Evaluate their own work, applying selected criteria such as appropriate application of elements of music including style, form, and use of sound sources.
- MU:Cr3.1.7b** Describe the rationale for making revisions to the music based on evaluation criteria and feedback from others (teacher and peers).
- MU:Cr3.2.7a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate unity and variety, and convey expressive intent.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.7a** Explain and demonstrate the structure of contrasting pieces of music selected for performance and how elements of music are used.
- MU:Pr4.2.7b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch articulation, dynamics, tempo, and form.



- MU:Pr4.3.7a** Perform contrasting pieces of music demonstrating their interpretations of the elements of music and expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.
- MU:Pr5.1.7a** Identify and apply collaboratively-developed criteria (such as demonstrating correct interpretation of notation, technical skill of performer, originality, emotional impact, and interest) to rehearse, refine, and determine when the music is ready to perform.
- MU:Pr6.1.7a** Perform the music with technical accuracy and stylistic expression to convey the creator's intent.
- MU:Pr6.1.7b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue, purpose, and context.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re9.1.7a** Select from teacher-provided criteria to evaluate musical works or performances.
- MU:Cn10.0.7a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cn11.0.7a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cn11.0** Connect 11 - Relate musical ideas and works with varied context to deepen understanding.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr4.1.7a** Apply collaboratively-developed criteria for selecting music of contrasting styles for a program with a specific purpose and/or context and, after discussion, identify expressive qualities, technical challenges, and reasons for choices.
- MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re9.1** Evaluate - Support evaluations of musical works and performances based on analysis, interpretation, and established criteria.
- MU:Re7.1.7a** Select or choose contrasting music to listen to and compare the connections to specific interests or experiences for a specific purpose.
- MU:Re7.2.7b** Identify and compare the context of music from a variety of genres, cultures, and historical periods.
- MU:Re8.1.7a** Support personal interpretation of contrasting programs of music and explain how creators' or performers' apply the elements of music and expressive qualities, within genres, cultures, and historical periods to convey expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Group Performance/Solo Musical Performances**

**NEED CD PLAYER**

1. Changed to whole class performance and songs for the solos for musical
2. We will only have time to do 9 performances in between the musical acts so 7th and 8th students who are not in the musical will play the ukulele together ("Sittin' on the Dock of the Bay").  
"The rest of the students will work on songs for the play."

**Prep 9:33am - 11:20am**

**Lunch 11:20am - 12:12pm**



**Music - Kinder 12:15pm - 1:00pm**

**Practice for Spring Concert - "Ready to Go!" - Singing with Choreography**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn11.0.Ka** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr1.1.Ka** With guidance, explore and experience music concepts (such as beat and melodic contour).
- MU:Cr1.1.Kb** With guidance, generate musical ideas (such as movements or motives).
- MU:Cr2.1.Ka** With guidance, demonstrate and choose favorite musical ideas.
- MU:Cr2.1.Ka** With guidance, organize personal musical ideas using iconic notation and/or recording technology.
- MU:Cr3.1.Ka** With guidance, apply personal, peer, and teacher feedback in refining personal musical ideas.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.Ka** With guidance, explore and demonstrate awareness of music contrasts (such as high/low, loud/soft, same/different) in a variety of music selected for performance.
- MU:Pr4.3.Ka** With guidance, demonstrate awareness of expressive qualities (such as voice quality, dynamics, and tempo) that support the creators' expressive intent.
- MU:Pr5.1.Ka** With guidance, apply personal, teacher, and peer feedback to refine performances.
- MU:Pr5.1.Kb** With guidance, use suggested strategies in rehearsal to improve the expressive qualities of music.
- MU:Pr6.1.Ka** With guidance, perform music with expression.
- MU:Pr6.1.Kb** Perform appropriately for the audience.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re8.1.Ka** With guidance, demonstrate awareness of expressive qualities (such as dynamics and tempo) that reflect creators'/performers' expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Students will:**

1. **Continue practicing** "Ready to Go!" 2023 **Lyrics**: Music with Mrs. Walker
  1. Link: <https://youtu.be/o1MkX-fZol?si=AMgAEZ0lQlpVP7j>
  2. Practice Lyrics first
2. **Continue practicing** "Ready to Go!" 2023 **Choreography**: Music with Mrs. Walker
  1. Link: <http://youtu.be/H7NqGUSW1s?si=EMuMem1QuPY66lVj>

**Music - 5 1:00pm - 1:45pm**

**Practice for Spring Concert - "Yankee Doodle" - Recorder Duet**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.



- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr4.2.5a** Demonstrate understanding of the structure and the elements of music (such as rhythm, pitch, form, and harmony) in music selected for performance.
- MU:Pr4.2.5b** When analyzing selected music, read and perform using standard notation.
- MU:Pr5.1.5a** Apply teacher-provided and established criteria and feedback to evaluate the accuracy and expressiveness of ensemble and personal performances.
- MU:Pr5.1.5b** Rehearse to refine technical accuracy and expressive qualities to address challenges, and show improvement over time.
- MU:Pr6.1.5a** Perform music, alone or with others, with expression, technical accuracy, and appropriate interpretation.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

1. **Continue practice** of "Yankee Doodle" focusing on staying together
2. **When competent, move to** the harmony of the song
3. After the class is concert ready, practice songs in the new Recorder books.

**PE - 5 1:45pm - 2:30pm**

**TENNIS - LESSON #3**

**Standards**

- 5.PE.1** Exhibit competency in fundamental motor skills and selected combinations of skills.
- 5.PE.7** Actively participate in all activities of health enhancement class.
- 5.PE.8** Differentiate between skill-related and health-related fitness.
- 5.PE.9** Identify the need for warm-up and cool-down activities related to various physical activities.
- 5.PE.10** Participate in physical activity with responsible interpersonal behavior.
- 5.PE.11** Participate with responsible personal behavior in a variety of physical activity contexts, environments, and facilities.
- 5.PE.12** Give corrective feedback respectfully to peers.
- 5.PE.13** Critique the etiquette involved in rules of various activities.
- 5.PE.14** Accept, recognize, and actively involve others with both higher and lower skill abilities into physical activities and group projects.
- 5.PE.15** Accept other's ideas, cultural diversity, and body types by engaging in cooperative and collaborative movement projects.
- 5.PE.16** Apply safety principles with physical activities.

**Objectives:**

- Practice and improve fundamental striking and tennis skills racket grip, forehand, backhand, ready position).
- Actively participate in tennis lead-up games and challenges to utilize learned skills and develop physical fitness.
- Have fun being physically active.

**Lesson / Instruction**

**GO ACTIVITY:** Tennis: CATCH Challenge Level I

**NAME OF ACTIVITY:** Walk & Roll (CARD 565)

**EQUIPMENT:** plastic paddle or tennis racket and a tennis ball for each student, cones to designate activity area



**SKILL THEME(S):** striking

**SPORT SKILLS & STRATEGY:** racket control and grip, forehand/backhand striking

**ORGANIZATION:**

1. Students are scattered in a designated activity area.

**DESCRIPTION:**

- Students begin with the tennis ball "sandwiched" between the outside of a foot and the tennis racket.
- On signal (whistle, drum, music), students push their ball throughout the activity area.
- The ball should roll on the ground and stay within a racket length at all times.
- Upon hearing the stop signal, students have 3 seconds to "sandwich" their ball in the starting position.

**TEACHING SUGGESTIONS:**

1. Remind students to "keep a firm wrist" when tapping the ball.

**NOW TRY THIS:**

1. Require only forehand or backhand taps.
2. Challenge students to walk backward and tap.
3. Challenge students to walk sideways but keep the ball in front of their body.
4. Scatter cones throughout the activity area. Challenge students to tap their ball without touching the cones, or to use the cones as targets and touch as many cones as possible.

Recess 2:30pm - 2:45pm

Music - 6 2:45pm - 3:30pm

**Practice for Spring Concert - The Sound of Silence - Singing with Harmonizing**

**Standards**

**MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.

**MU:Cn11.0.6a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.

**MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.

**MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts

**MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.

**MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.

**MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

**MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.

**MU:Pr4.1.6a** Apply teacher-provided criteria for selecting music to perform for a specific purpose and/or context, and explain why each was chosen.

**MU:Pr4.2.6a** Explain how understanding the structure and the elements of music are used in music selected for performance.

**MU:Pr4.2.6b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch, articulation, and dynamics.

**MU:Pr4.3.6a** Perform a selected piece of music demonstrating how their interpretations of the elements of music and the expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.

**MU:Pr5.1.6a** Identify and apply teacher-provided criteria (such as correct interpretation of notation, technical accuracy, originality, and interest) to rehearse, refine, and determine when a piece is ready to perform.

**MU:Pr6.1.6a** Perform the music with technical accuracy to convey the creator's intent.

**MU:Pr6.1.6b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue and purpose.

**MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.

**MU:Re7.1.6a** Select or choose music to listen to and explain the connections to specific interests or experiences for a specific purpose.



**MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.

**MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.

**MU:Re9.1.6a** Apply teacher-provided criteria to evaluate musical works or performances.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

Students have decided on a song, so the class will begin with singing the individual parts of "*The Sound of Silence*"

- Girls will sing the melody
- Boys will sing the harmony
- Use websites below to practice both parts of the song.

1. **The Sound of Silence: In Two Parts (sung together)** Link: <http://youtu.be/walM3uqKBR0?feature=shared>
2. **Sound of Silence: Both parts sung together and individually** Link: <http://youtu.be/HDFk3HcvX-l?feature=shared>
3. **Multitrack breakdown of "Sound of Silence" by Simon and Garfunkel (instruments and both voices)** Link: <http://youtu.be/-BBGdtJu37s?feature=shared>



Thursday 04/11/2024

**Breakfast Duty 8:00am - 8:30am**

Band/Choir - 7 & 8 (Group B) 8:35am - 9:30am

**Practice for Spring Concert - Ukuleles and Solo Songs for Musical**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn10.0.8a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.
- MU:Cr1.1.8a** Generate rhythmic, melodic and harmonic phrases and harmonic accompaniments within expanded forms (including introductions, transitions, and codas) that convey expressive intent.
- MU:Cr2.1.8a** Select, organize, and document personal musical ideas for arrangements, songs, and compositions within expanded forms that demonstrate tension and release, unity and variety, balance, and convey expressive intent.
- MU:Cr2.1.8b** Use standard and/or iconic notation and/or audio/ video recording to document personal rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.8a** Evaluate their own work by selecting and applying criteria including appropriate application of compositional techniques, style, form, and use of sound sources.
- MU:Cr3.1.8b** Describe the rationale for refining works by explaining the choices, based on evaluation criteria.
- MU:Cr3.2.8a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate the application of compositional techniques for creating unity and variety, tension and release, and balance to convey expressive intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr1.1.7a** Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.
- MU:Cr2.1.7a** Select, organize, develop and document personal musical ideas for arrangements, songs, and compositions within AB, ABA, or theme and variation forms that demonstrate unity and variety and convey expressive intent.
- MU:Cr2.1.7b** Use standard and/or iconic notation and/or audio/ video recording to document personal simple rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.7a** Evaluate their own work, applying selected criteria such as appropriate application of elements of music including style, form, and use of sound sources.
- MU:Cr3.1.7b** Describe the rationale for making revisions to the music based on evaluation criteria and feedback from others (teacher and peers).
- MU:Cr3.2.7a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate unity and variety, and convey expressive intent.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.7a** Explain and demonstrate the structure of contrasting pieces of music selected for performance and how elements of music are used.
- MU:Pr4.2.7b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch articulation, dynamics, tempo, and form.



- MU:Pr4.3.7a** Perform contrasting pieces of music demonstrating their interpretations of the elements of music and expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.
- MU:Pr5.1.7a** Identify and apply collaboratively-developed criteria (such as demonstrating correct interpretation of notation, technical skill of performer, originality, emotional impact, and interest) to rehearse, refine, and determine when the music is ready to perform.
- MU:Pr6.1.7a** Perform the music with technical accuracy and stylistic expression to convey the creator's intent.
- MU:Pr6.1.7b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue, purpose, and context.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re9.1.7a** Select from teacher-provided criteria to evaluate musical works or performances.
- MU:Cn10.0.7a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cn11.0.7a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cn11.0** Connect 11 - Relate musical ideas and works with varied context to deepen understanding.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr4.1.7a** Apply collaboratively-developed criteria for selecting music of contrasting styles for a program with a specific purpose and/or context and, after discussion, identify expressive qualities, technical challenges, and reasons for choices.
- MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re9.1** Evaluate - Support evaluations of musical works and performances based on analysis, interpretation, and established criteria.
- MU:Re7.1.7a** Select or choose contrasting music to listen to and compare the connections to specific interests or experiences for a specific purpose.
- MU:Re7.2.7b** Identify and compare the context of music from a variety of genres, cultures, and historical periods.
- MU:Re8.1.7a** Support personal interpretation of contrasting programs of music and explain how creators' or performers' apply the elements of music and expressive qualities, within genres, cultures, and historical periods to convey expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Group Performance/Solo Musical Performances**

**NEED CD PLAYER**

1. Changed to whole class performance and songs for the solos for musical
2. We will only have time to do 9 performances in between the musical acts so 7th and 8th students who are not in the musical will play the ukulele together ("Sittin' on the Dock of the Bay").  
"The rest of the students will work on songs for the play."

**Prep 9:33am - 11:20am**

**Lunch 11:20am - 12:12pm**



**PE - 1 12:15pm - 1:00pm**

**RHYTHM ACTIVITIES #3**

**Standards**

- 1.PE.1 Perform most basic locomotor, nonlocomotor, and manipulative skills using mature patterns.
- 1.PE.2 Combine locomotor and nonlocomotor motor skills in a teacher-designed dance.
- 1.PE.3 Move in self-space.
- 1.PE.7 Actively engage in health enhancement class.
- 1.PE.9 Identify warm-up and cool-down activities related to vigorous physical activity.
- 1.PE.10 Accept personal responsibility by using equipment and space appropriately.
- 1.PE.11 Follow the rules or parameters of the learning environment.
- 1.PE.12 Respond appropriately to general feedback from a teacher.
- 1.PE.13 Exhibit the established protocols for class activities.
- 1.PE.14 Work independently with others in a variety of class environments.

**Objectives:**

- Proper warm-up and cool-down and stretching techniques
- Develop rhythmic movement skills
- Develop cardiovascular fitness
- Have ample opportunities to practice moving to a beat
- Enjoy physical activity

**Lesson / Instruction**

**(10 min) Warm Up:**

- Squirm, Wiggle, Jiggle (Card 56)

**(10 mins) Go Fitness:**

- Rum Pum Pum (Card 53)
- Shaping Up (Card 60)

**(10 min) Go Activity: Rhythm Activities**

- Automobeat (Card 339)
- The Rhythm Train (Card 340)

**(5 min) Cool-down:**

- Walking Talking Spelling Bees (Card 14)

**Music - 3 1:00pm - 1:45pm**

**Practice for Spring Concert - "Cape Cod Chantey" - Orff Orchestra**

**Standards**

- MU:Cn10.0 Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cr1.1 Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1 Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr2.1.3b Use standard and/or iconic notation and/or recording technology to document personal rhythmic and melodic musical ideas.
- MU:Pr4.1 Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2 Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3 Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr5.1 Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr3.2.3a Present the final version of personal created music to others, and describe connection to expressive intent.
- MU:Pr6.1 Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.3b When analyzing selected music, read and perform rhythmic patterns and melodic phrases using iconic and standard notation.



**MU:Pr4.3.3a** Demonstrate and describe how intent is conveyed through expressive qualities (such as dynamics and tempo).

**MU:Pr5.1.3a** Apply teacher-provided and collaboratively-developed criteria and feedback to evaluate accuracy of ensemble performances.

**MU:Pr5.1.3b** Rehearse to refine technical accuracy, expressive qualities, and identified performance challenges.

**MU:Pr6.1.3a** Perform music with expression and technical accuracy.

**MU:Pr6.1.3b** Demonstrate performance decorum and audience etiquette appropriate for the context and venue.

**MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.

**MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.

**MU:Re9.1.3a** Evaluate musical works and performances, applying established criteria, and describe appropriateness to the context.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

1. **Be sure each student has the correct hand out for** "Cape Cod Chantey" sheet music.
2. **Tell students to practice** notes on their own music for 10-15 mins
3. **Each player will play** what they have learned with the class.
4. **When each player is competent**, and can play their part of the entire song, we begin to play together as a class.

**Music - 4 1:45pm - 2:30pm**

**Practice for Spring Concert - "Edelweiss" - Ukulele**

**Standards**

**MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.

**MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.

**MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.

**MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.

**MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

**MU:Pr4.2.4a** Demonstrate understanding of the structure and the elements of music (such as rhythm, pitch, and form) in music selected for performance.

**MU:Pr4.2.4b** When analyzing selected music, read and perform using iconic and/or standard notation.

**MU:Pr5.1.4a** Apply teacher-provided and collaboratively-developed criteria and feedback to evaluate accuracy and expressiveness of ensemble and personal performances.

**MU:Pr5.1.4b** Rehearse to refine technical accuracy and expressive qualities, and address performance challenges.

**MU:Pr6.1.4a** Perform music, alone or with others, with expression and technical accuracy, and appropriate interpretation.

**MU:Pr6.1.4b** Demonstrate performance decorum and audience etiquette appropriate for the context, venue, and genre.

**MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.

**MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.

**MU:Re9.1** Evaluate - Support evaluations of musical works and performances based on analysis, interpretation, and established criteria.

**MU:Re8.1.4a** Demonstrate and explain how the expressive qualities (such as dynamics, tempo, and timbre) are used in performers' and personal interpretations to reflect expressive intent.

**MU:Re9.1.4a** Evaluate musical works and performances, applying established criteria, and explain appropriateness to the context.



**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Lesson: Review:**

1. Remind students of proper care of the ukuleles
  - No storing pick in the strings
  - Adjust the tuning keys very carefully

**Practice With The Ukulele**

**Have students:**

1. **Get "Edelweiss"** sheet music, ukulele chord sheet, and ukulele ready to go
2. **Continue practicing** each line in the song and when competent, move to the next lines until the whole song is learned,



Friday 04/12/2024

**Breakfast Duty 8:00am - 8:30am**

**Band/Choir - 7 & 8 (Group A) 8:35am - 9:30am**

**Practice for Spring Concert - Ukuleles and Solo Songs for Musical**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cn10.0.8a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Cr3.1** Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.
- MU:Cr3.2** Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.
- MU:Cr1.1.8a** Generate rhythmic, melodic and harmonic phrases and harmonic accompaniments within expanded forms (including introductions, transitions, and codas) that convey expressive intent.
- MU:Cr2.1.8a** Select, organize, and document personal musical ideas for arrangements, songs, and compositions within expanded forms that demonstrate tension and release, unity and variety, balance, and convey expressive intent.
- MU:Cr2.1.8b** Use standard and/or iconic notation and/or audio/ video recording to document personal rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.8a** Evaluate their own work by selecting and applying criteria including appropriate application of compositional techniques, style, form, and use of sound sources.
- MU:Cr3.1.8b** Describe the rationale for refining works by explaining the choices, based on evaluation criteria.
- MU:Cr3.2.8a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate the application of compositional techniques for creating unity and variety, tension and release, and balance to convey expressive intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Cr1.1.7a** Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.
- MU:Cr2.1.7a** Select, organize, develop and document personal musical ideas for arrangements, songs, and compositions within AB, ABA, or theme and variation forms that demonstrate unity and variety and convey expressive intent.
- MU:Cr2.1.7b** Use standard and/or iconic notation and/or audio/ video recording to document personal simple rhythmic phrases, melodic phrases, and harmonic sequences.
- MU:Cr3.1.7a** Evaluate their own work, applying selected criteria such as appropriate application of elements of music including style, form, and use of sound sources.
- MU:Cr3.1.7b** Describe the rationale for making revisions to the music based on evaluation criteria and feedback from others (teacher and peers).
- MU:Cr3.2.7a** Present the final version of their documented personal composition, song, or arrangement, using craftsmanship and originality to demonstrate unity and variety, and convey expressive intent.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.7a** Explain and demonstrate the structure of contrasting pieces of music selected for performance and how elements of music are used.
- MU:Pr4.2.7b** When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch articulation, dynamics, tempo, and form.



- MU:Pr4.3.7a** Perform contrasting pieces of music demonstrating their interpretations of the elements of music and expressive qualities (such as dynamics, tempo, timbre, articulation/style, and phrasing) convey intent.
- MU:Pr5.1.7a** Identify and apply collaboratively-developed criteria (such as demonstrating correct interpretation of notation, technical skill of performer, originality, emotional impact, and interest) to rehearse, refine, and determine when the music is ready to perform.
- MU:Pr6.1.7a** Perform the music with technical accuracy and stylistic expression to convey the creator's intent.
- MU:Pr6.1.7b** Demonstrate performance decorum (such as stage presence, attire, and behavior) and audience etiquette appropriate for venue, purpose, and context.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re9.1.7a** Select from teacher-provided criteria to evaluate musical works or performances.
- MU:Cn10.0.7a** Demonstrate how interests, knowledge, and skills relate to personal choices and intent when creating, performing, and responding to music.
- MU:Cn11.0.7a** Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.
- MU:Cn11.0** Connect 11 - Relate musical ideas and works with varied context to deepen understanding.
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr4.1.7a** Apply collaboratively-developed criteria for selecting music of contrasting styles for a program with a specific purpose and/or context and, after discussion, identify expressive qualities, technical challenges, and reasons for choices.
- MU:Re7.2** Analyze - Analyze how the structure and context of varied musical works inform the response. Enduring Understanding: Response to music is informed by analyzing context (social, cultural, and historical) and how creators and performers manipulate the elements of music.
- MU:Re8.1** Interpret - Support interpretations of musical works that reflect creators'/performers' expressive intent.
- MU:Re9.1** Evaluate - Support evaluations of musical works and performances based on analysis, interpretation, and established criteria.
- MU:Re7.1.7a** Select or choose contrasting music to listen to and compare the connections to specific interests or experiences for a specific purpose.
- MU:Re7.2.7b** Identify and compare the context of music from a variety of genres, cultures, and historical periods.
- MU:Re8.1.7a** Support personal interpretation of contrasting programs of music and explain how creators' or performers' apply the elements of music and expressive qualities, within genres, cultures, and historical periods to convey expressive intent.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Group Performance/Solo Musical Performances**

**NEED CD PLAYER**

1. Changed to whole class performance and songs for the solos for musical
2. We will only have time to do 9 performances in between the musical acts so 7th and 8th students who are not in the musical will play the ukulele together ("Sittin' on the Dock of the Bay").  
"The rest of the students will work on songs for the play."

Band/Choir - 7 & 8 (Group B) 8:35am - 9:30am

**Prep 9:33am - 11:20am**



Lunch 11:20am - 12:12pm

**Music - 1 12:15pm - 1:00pm**

**Practice for Spring Concert - (Song-TBD) - Boomwackers**

**Standards**

- MU:Cn10.0** Connect 10 - Synthesize and relate knowledge and personal experiences to make music.
- MU:Cr1.1** Imagine - Generate musical ideas for various purposes and contexts.
- MU:Cr2.1** Plan and Make - Select and develop musical ideas for defined purposes and contexts
- MU:Pr4.1** Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.
- MU:Pr4.2** Analyze - Analyze the structure and context of varied musical works and their implications for performance.
- MU:Pr4.3** Interpret - Develop personal interpretations that consider creators' intent.
- MU:Pr5.1** Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.
- MU:Pr6.1** Present - Perform expressively, with appropriate interpretation and technical accuracy, and in a manner appropriate to the audience and context.
- MU:Pr4.2.1b** When analyzing selected music, read and perform rhythmic patterns using iconic or standard notation.
- MU:Pr4.3.1a** Demonstrate and describe music's expressive qualities (such as dynamics and tempo).
- MU:Pr5.1.1a** With limited guidance, apply personal, teacher, and peer feedback to refine performances.
- MU:Pr6.1.1a** With limited guidance, perform music for a specific purpose with expression.
- MU:Pr6.1.1b** Perform appropriately for the audience and purpose.
- MU:Re7.1** Select - Choose music appropriate for a specific purpose or context.
- MU:Re7.2.1a** With limited guidance, demonstrate and identify how specific music concepts (such as beat or pitch) are used in various styles of music for a purpose.

**Objectives:**

- Select and develop musical ideas for defined purposes and contexts
- Choose musical works to present based on interest, knowledge, technical skill, and context.
- Choose music appropriate for a specific purpose or context.
- Read and perform rhythmic and melodic patterns using iconic or standard notation.
- Rehearse, evaluate and refine ensemble performances in collaboration with others.
- Perform music for a specific purpose with expression and technical accuracy.
- Perform appropriately for the audience and purpose.

**Lesson / Instruction**

**Students will:**

- Start deciding on a song for the concert? Possible suggestions below.
- Continue testing their skills in order to select the most challenging musical piece they can handle.

Boomwacker - **Warm Up** Link: [http://youtu.be/sHlyCKE\\_yRM?feature=shared](http://youtu.be/sHlyCKE_yRM?feature=shared)

Boomwackers - **Warm Up | Thirds Ascending** Link: <http://youtu.be/ij6PuoB5MLQ?feature=shared>

Boomwackers - **Warm Up Chord Warm-Up | 2 Minute Boomwhacker Warm-Up** Link: <http://youtu.be/m7OURv8z33Q?feature=shared>

Bommwackers - **Africa by Toto** Link: [http://youtu.be/sHlyCKE\\_yRM?feature=shared](http://youtu.be/sHlyCKE_yRM?feature=shared)

Boomwackers - **Believer by Imagine Dragons** Link: <http://youtu.be/cfpaRTkK0Ls?feature=shared>

Boomwackers - **Thunder by Imagine Dragons** Link: [http://youtu.be/uebMHh\\_9moo?feature=shared](http://youtu.be/uebMHh_9moo?feature=shared)

Boomwackers - **The Lion Sleeps Tonight** Link: <http://youtu.be/w2RT4yXgGbA?feature=shared>

**PE - Kinder 1:00pm - 1:45pm**

**RHYTHM ACTIVITIES #3**

**Standards**

- 1.PE.1** Perform most basic locomotor, nonlocomotor, and manipulative skills using mature patterns.
- 1.PE.2** Combine locomotor and nonlocomotor motor skills in a teacher-designed dance.
- 1.PE.3** Move in self-space.
- 1.PE.4** Differentiate between fast and slow speeds, strong and light force.
- 1.PE.7** Actively engage in health enhancement class.
- 1.PE.9** Identify warm-up and cool-down activities related to vigorous physical activity.
- 1.PE.10** Accept personal responsibility by using equipment and space appropriately.



- 1.PE.11 Follow the rules or parameters of the learning environment.
- 1.PE.12 Respond appropriately to general feedback from a teacher.
- 1.PE.13 Exhibit the established protocols for class activities.
- 1.PE.16 Follow teacher directions for safe participation and proper use of equipment without teacher reminders.
- 1.PE.14 Work independently with others in a variety of class environments.

**Objectives:**

- Proper warm-up and cool-down and stretching techniques
- Develop rhythmic movement skills
- Develop cardiovascular fitness
- Have ample opportunities to practice moving to a beat
- Enjoy physical activity

**Lesson / Instruction**

**(10 min) Warm Up:**

- Squirm, Wiggle, Jiggle (Card 56)

**(10 mins) Go Fitness:**

- Rum Pum Pum (Card 53)
- Shaping Up (Card 60)

**(10 min) Go Activity: Rhythm Activities**

- Automobeat (Card 339)
- The Rhythm Train (Card 340)

**(5 min) Cool-down:**

- Walking Talking Spelling Bees (Card 14)

**Recess 1:45pm - 2:00pm**

**PE - 2 2:00pm - 2:45pm**

**RHYTHM ACTIVITIES #3**

**Standards**

- 2.PE.1 Perform basic locomotor, nonlocomotor, and manipulative skills in mature patterns.
- 2.PE.2 Perform rhythmic activity with correct response to simple rhythms.
- 2.PE.4 Combine locomotor skills in general space to a rhythm or beat.
- 2.PE.7 Actively engage in health enhancement class in response to instruction and practice.
- 2.PE.9 Describe warm-up and cool-down activities related to vigorous physical activity.
- 2.PE.10 Practice skills with minimal teacher prompting.
- 2.PE.11 Accept responsibility for class protocols with behavior and performance actions.
- 2.PE.12 Accept specific corrective feedback from a teacher.
- 2.PE.13 Recognize the role of rules and etiquette in teacher-designed physical activities.
- 2.PE.14 Work independently with others in partner environments.
- 2.PE.15 Recognize ways to accept other's ideas, cultural diversity, and body types during games and physical activities.
- 2.PE.16 Work independently and safely in physical activity settings.

**Objectives:**

- Proper warm-up and cool-down and stretching techniques
- Develop rhythmic movement skills
- Develop cardiovascular fitness
- Have ample opportunities to practice moving to a beat
- Enjoy physical activity

**Lesson / Instruction**

**(10 min) Warm Up:**

- Squirm, Wiggle, Jiggle (Card 56)

**(10 mins) Go Fitness:**

- Rum Pum Pum (Card 53)
- Shaping Up (Card 60)

**(10 min) Go Activity: Rhythm Activities**

- Automobeat (Card 339)
- The Rhythm Train (Card 340)

**(5 min) Cool-down:**

- Walking Talking Spelling Bees (Card 14)