

Monday 09/12/2022	Tuesday 09/13/2022	Wednesday 09/14/2022	Thursday 09/15/2022	Friday 09/16/2022
Breakfast Duty 8:00am - 8:30am	Breakfast Duty 8:00am - 8:30am	Breakfast Duty 8:00am - 8:30am	Breakfast Duty 8:00am - 8:30am	Breakfast Duty 8:00am - 8:30am
Band/Choir 7 & 8 8:35am - 9:30am	Band/Choir 7 & 8 8:35am - 9:30am	Band/Choir 7 & 8 8:35am - 9:30am	Band/Choir 7 & 8 8:35am - 9:30am	Band/Choir 7 & 8 8:35am - 9:30am
Lesson / Instruction <ol style="list-style-type: none"> Practice songs on individual instruments. Discuss plans for the year <ul style="list-style-type: none"> Christmas presentation TWO songs to sing for Christmas Concert <ol style="list-style-type: none"> Practice Deck the Halls (Band) Vote on: <ol style="list-style-type: none"> The Christmas Song (Vocal) Silver Bells (Vocal) Sing the chosen vocal song to see how far we need to go Let students know we will be moving on to other activities after 80 proficiency and will come back to Christmas performance when closer to Christmas 	Lesson / Instruction <ul style="list-style-type: none"> Practice songs on individual instruments. Discuss plans for the year <ul style="list-style-type: none"> Christmas presentation TWO songs to sing for Christmas Concert <ol style="list-style-type: none"> Practice Deck the Halls (Band) Vote on: <ol style="list-style-type: none"> The Christmas Song (Vocal) Silver Bells (Vocal) Sing the chosen vocal song to see how far we need to go Let students know we will be moving on to other activities after 80 proficiency and will come back to Christmas performance when closer to Christmas 	Lesson / Instruction <ul style="list-style-type: none"> Practice songs on individual instruments. <ul style="list-style-type: none"> Christmas presentation/TWO songs to sing for Christmas Concert <ol style="list-style-type: none"> Practice Deck the Halls (Band) Silver Bells (Vocal) Let students know we will be moving on to other activities after 80 proficiency and will come back to Christmas performance when closer to Christmas 	Lesson / Instruction <ul style="list-style-type: none"> Practice songs on individual instruments. <ul style="list-style-type: none"> Christmas presentation/TWO songs to sing for Christmas Concert <ol style="list-style-type: none"> Practice Deck the Halls (Band) Silver Bells (Vocal) Let students know we will be moving on to other activities after 80 proficiency and will come back to Christmas performance when closer to Christmas 	Lesson / Instruction <ul style="list-style-type: none"> Practice songs on individual instruments. <ul style="list-style-type: none"> Christmas presentation/TWO songs to sing for Christmas Concert <ol style="list-style-type: none"> Practice Deck the Halls (Band) Silver Bells (Vocal) Let students know we will be moving on to other activities after 80 proficiency and will come back to Christmas performance when closer to Christmas
Materials / Resources / Technology <ul style="list-style-type: none"> Music Instructional Books Instruments Sheet Music for Each Instrument in the key of B flat 	<div data-bbox="365 1348 657 1432" style="background-color: #00AEEF; color: white; padding: 2px;">Band/Choir 6 9:33am - 10:25am</div> Lesson / Instruction <p>Review Christmas presentation:</p> <ul style="list-style-type: none"> Chorus (all) - Let it Snow!, Let it Snow!, Let it Snow! Duet: Ava, Kellen Percussion Rest of Class "All I Want for Christmas" Solo with Ukulele: Ella (she will write Christmas lyrics for a song she can already play) <p>Procedure:</p> <ol style="list-style-type: none"> 9:33 - 9:50 Practice Instruments/Songs 9:50 - 10:10 Music Flashcards 	<div data-bbox="657 1066 950 1150" style="background-color: #00AEEF; color: white; padding: 2px;">Band/Choir 6 9:33am - 10:25am</div> Lesson / Instruction <p>Review Christmas presentation:</p> <ul style="list-style-type: none"> Chorus (all) - Let it Snow!, Let it Snow!, Let it Snow! Duet: Ava, Kellen Percussion Rest of Class "All I Want for Christmas" Solo with Ukulele: Ella (she will write Christmas lyrics for a song she can already play) Piano Duet: with Choir: Rooney and Aliya "We Wish You A Merry Christmas" <p>Procedure:</p> <ol style="list-style-type: none"> 9:33 - 9:50 Practice Instruments/Songs 9:50 - 10:10 Music Flashcards 	<div data-bbox="950 1255 1242 1339" style="background-color: #00AEEF; color: white; padding: 2px;">Band/Choir 6 9:33am - 10:25am</div> Lesson / Instruction <p>Review Christmas presentation:</p> <ul style="list-style-type: none"> Chorus (all) - Let it Snow!, Let it Snow!, Let it Snow! Duet: Ava, Kellen Percussion Rest of Class "All I Want for Christmas" Solo with Ukulele: Ella (she will write Christmas lyrics for a song she can already play) Piano Duet: with Choir: Rooney and 	<div data-bbox="1242 1255 1562 1339" style="background-color: #00AEEF; color: white; padding: 2px;">Band/Choir 6 9:33am - 10:25am</div> Lesson / Instruction <p>Review Christmas presentation:</p> <ul style="list-style-type: none"> Chorus (all) - Let it Snow!, Let it Snow!, Let it Snow! Duet: Ava, Kellen and Abby Singing, Percussion Rest of Class "All I Want for Christmas" Solo with Ukulele: Ella (she will write Christmas lyrics for a song she can already play) Piano Duet: with Choir: Rooney and
Standards <p>MU:Cn10.0 Connect 10 - Synthesize and relate knowledge and personal experiences to make music.</p> <p>MU:Cr1.1 Imagine - Generate musical</p>				

ideas for various purposes and contexts.

MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined purposes and contexts

MU:Cr3.1 Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.

MU:Cr1.1.7a Generate rhythmic, melodic, and harmonic phrases and variations over harmonic accompaniments within AB, ABA, or theme and variation forms that convey expressive intent.

MU:Pr4.1 Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.

MU:Pr4.2 Analyze - Analyze the structure and context of varied musical works and their implications for performance.

MU:Pr5.1 Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

MU:Pr4.2.7b When analyzing selected music, read and identify by name or function standard

- **Piano Duet:** with Choir: Rooney and Aliya "We Wish You A Merry Christmas"

Procedure:

1. 9:33 - 9:50 Practice Instruments/Songs
2. 9:50 - 10:10 Music Flashcards
3. 10:10 - 10:20 Review on Board
4. 10:20-10:25 Flashcards

Note: At 80% proficiency we will move on to other music activities

Prep 10:28am - 11:30am

Lunch 11:30am - 12:15pm

PE PK 12:15pm - 1:00pm

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/ expectations
- CATCH PE Rules
- Refresher on Good Behavior Game

Warm-up (5 min)

- Let's Get Together (Card 7)

Go Fitness (12 min)

Catch 'em Quick

Activities

- Automobile (Card 57)
- Dribbling & Kicking (feet) Activities (Card 205)

Cool-down (5 min)

- Go Fish (Card 9)

Materials / Resources / Technology

- Hula Hoops, Soccer Ball, Cones for Obstacles/End Zones

3. 10:10 - 10:20 Review on Board
4. 10:20-10:25 Flashcards

Note: At 80% proficiency we will move on to other music activities

Prep 10:28am - 11:30am

Lunch 11:30am - 12:15pm

Music K 12:15pm - 1:00pm

- Objective: establishing a routine
- Objective: long/short
- Objective: Repertoire, vocal tone production
- Objective: rhythm patterns, unpitched percussion technique
- Objective: repertoire
- Objective: Same/ Different
- Objective: pulse, same/ different
- Objective: pulse, phrase

Lesson / Instruction

1. DISCUSS HOLIDAY CONCERT AND SINGING WITH PRESCHOOL
2. Game Plan: Sept: Week #2 (Sing and Piano)

1. (1-2 mins) Song: "Welcome Boys and Girls"

1. Page #6 in Lesson Plan Book
2. (5-8 mins) Rhythmic Training

1. Clap Your Hands to the Syllables in Your Name, Class Echoes

3. (3-5 mins) Song: "Goin' to the Farm"

1. Page #7 Lesson Book - Sing Songs

Aliya "We Wish You A Merry Christmas"

Procedure:

1. 9:33 - 9:50 Practice Instruments/Songs
2. 9:50 - 10:10 Music Flashcards
3. 10:10 - 10:20 Review on Board
4. 10:20-10:25 Flashcards

Note: At 80% proficiency we will move on to other music activities

Prep 10:28am - 11:30am

Lunch 11:30am - 12:15pm

PE 1 12:15pm - 1:00pm

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/ expectations
- CATCH PE Rules
- Refresher on Good Behavior Game

Warm-up (5 min)

- Let's Get Together (Card 7)

Go Fitness (12 min)

Catch 'em Quick

Activities

- Automobile (Card 57)
- Dribbling & Kicking (feet) Activities (Card 205)

Cool-down (5 min)

- Go Fish (Cards 9)

Materials / Resources / Technology

- Hula Hoops, Soccer Ball, Cones for Obstacles/End Zones

Standards

Aliya "We Wish You A Merry Christmas"

Procedure:

1. 9:33 - 9:50 Practice Instruments/Songs
2. 9:50 - 10:10 Music Flashcards
3. 10:10 - 10:20 Review on Board
4. 10:20-10:25 Flashcards

Note: At 80% proficiency we will move on to other music activities

Prep 10:28am - 11:30am

Lunch 11:30am - 12:15pm

Music 1 12:15pm - 1:00pm

Objective:

- Establish a routine
- Rhythm patterns, phrase
- Repertoire, melodic contour
- Mallet technique, AB
- Pulse

Lesson / Instruction

Work on Bell Choir music "Jingle Bells" and introduced recorders

1. Welcome Back to School Song pg. #2 (5 mins) Movement Warm Up:
 1. Week #2 on Page #4
3. (5-8 mins) Song with Movement: "Clap, Clap, Clap Your Hands"
 1. Page #4
4. (5 mins) Movement Game: Moving to the Pulse - hand drum
 1. Pg. #4
5. (10-12 mins) Speech Activity: I Think Music's Neat
6. (10-12 mins) Speech Activity: "Hickory, Dickory Dock"

symbols for rhythm, pitch articulation, dynamics, tempo, and form.

MU:Re7.1 Select - Choose music appropriate for a specific purpose or context.

Band/Choir 6
9:33am - 10:25am

Objective:

- Practice individual pieces for holiday concert as well as practice music flash cards to learn to read music

Lesson / Instruction

Review Christmas presentation:

- Chorus (all)** - Let it Snow!, Let it Snow!, Let it Snow!
- Duet: Ava, Kellen** Percussion Rest of Class "All I Want for Christmas"
- Solo with Ukulele: Ella** (she will write Christmas lyrics for a song she can already play)
- Piano Duet:** with Choir: Rooney and Aliya "We Wish You A Merry Christmas"

Procedure:

- 9:33 - 9:50 Practice Instruments/Songs
- 9:50 - 10:10 Music Flashcards
- 10:10 - 10:20 Review on Board
- 10:20-10:25 Flashcards

Note: At 80% proficiency we will move on to other music activities

Materials / Resources / Technology

- PAX posters

Standards

2.1c Exhibit a variety of small motor skills.

2.1f Perform increasingly more sophisticated actions requiring hand-eye coordination.

2.2a Exhibit physical reflexes in response to stimulation.

2.2b Develop muscle tone and strength in trunk, neck, head, arms and legs.

2.2c Use developing motor skills to move more independently.

2.2e Demonstrate skills to move in the environment.

2.2h Perform large motor movement alone or with others.

2.3a Respond to touch, movement, and sound.

2.3b Focus eyes on near and far objects.

2.3f Demonstrate an awareness of her body in space.

2.3h Adapt movements to specific situations.

2.4a React to participation in daily routines.

2.4e Participate in healthy routines.

2.4g Participate in bathroom routines with growing independence.

2.6a Attempt new large and small motor activities.

- and Discuss Animals
- Chart #1 (Barn)
- Visual #1 Farm Animal Cards
- (8-10 mins) Song: "Listen to the Hens"**
 - Page #7 Lesson Book
 - Materials:
 - Teacher: BX (Bass Xylophone)
 - Students: Tambourine (on "Cluck" in the song after singing it a few times)
 - (1-2 mins) Song: "Old MacDonald"**
 - Materials:
 - Piano (optional)
 - (3-5 mins) Listening Game: "Chicken Talk"**
 - Students perform an action when teacher speaks a word
 - (5-8 mins) Movement Activity: "Chicken Dance"**
 - Materials: "Chicken Dance" from Lieder aus dem Hofbrauhaus Festkapelle
 - (5-8 mins) Finger Play: "Chook, Chook"** Teacher Speaks Poem While Students Do Actions
 - (2-3 mins) Movement Activity: Color Game**
 - Materials:
 - Green, Yellow, Red Visual #2 Cards
 - Practice Jingle Bells with the Bells**

1.PE.1 Perform most basic locomotor, nonlocomotor, and manipulative skills using mature patterns.

1.PE.3 Move in self-space.

1.PE.4 Differentiate between fast and slow speeds, strong and light force.

1.PE.7 Actively engage in health enhancement class.

1.PE.9 Identify warm-up and cool-down activities related to vigorous physical activity.

1.PE.10 Accept personal responsibility by using equipment and space appropriately.

1.PE.11 Follow the rules or parameters of the learning environment.

1.PE.12 Respond appropriately to general feedback from a teacher.

1.PE.13 Exhibit the established protocols for class activities.

1.PE.14 Work independently with others in a variety of class environments.

1.PE.16 Follow teacher directions for safe participation and proper use of equipment without teacher reminders.

Music 3 1:00pm - 1:45pm

Objective:

- Establishing a routine

- Practice Bell Choir**
- Work on Recorders**
 - Practice holding the recorder and playing the scale up and down the recorder

Materials / Resources / Technology

- Students: Barred Instruments (Xylophone)
- Teacher: Conga Drum
- Piano/Guitar

Notes / Reflection

Next Week:

Work on Bell Choir: "Jingle Bells"
Recorders: "O Christmas Tree"

Did not have time to do all the curriculum in this lesson

Standards

MU:Pr4.2.1b When analyzing selected music, read and perform rhythmic patterns using iconic or standard notation.

MU:Pr5.1.1a With limited guidance, apply personal, teacher, and peer feedback to refine performances.

PE K 1:00pm - 1:45pm

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/ expectations
- CATCH PE Rules
- Refresher on Good Behavior Game

Warm-up (5 min)

- Sheet Music (for piano)
- Music Note Flash cards
- Lyrics for "Let it Snow"

Standards

MU:Cr1.1 Imagine - Generate musical ideas for various purposes and contexts.

MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined purposes and contexts

MU:Cr3.1 Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.

MU:Cr3.2 Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.

MU:Cr1.1.6a Generate simple rhythmic, melodic, and harmonic phrases within AB and ABA forms that convey expressive intent.

MU:Cr2.1.6a Select, organize, construct, and document personal musical ideas for arrangements and compositions within AB or ABA form that demonstrate an effective beginning, middle, and ending, and convey expressive intent.

MU:Cr3.1.6a Evaluate their own work, applying teacher-

2.6b Participate in simple movement games.

2.6d Participate in simple games, dance, outdoor play, and other forms of movement.

2.6e Engage in activities requiring new skills, without adult assistance.

2.6f Participate in physically active games with peers.

2.7a Show preference for familiar people and recognize the difference between familiar people and strangers.

2.7c Respond to warnings and redirection for unsafe behaviors and situations, although not consistently.

2.7d Recognize rules and follow basic safety instructions.

2.7f Understand and anticipate potential consequences of disregarding rules.

PE 4 1:00pm - 1:45pm

Objective:

- Increase cardiovascular efficiency

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/expectations
- CATCH PE Rules

Materials / Resources / Technology

- Chart #1 (Barn)
- Visual #1 Farm Animal Cards
- Teacher: BX (Bass Xylophone)
- Students: Tambourine
- "Chicken Dance" Recording from Lieder aus dem Hofbrauhaus Festkapelle
- Green, Yellow, Red Visual #2 Cards

Standards

MU:Cr10.0 Connect 10 - Synthesize and relate knowledge and personal experiences to make music.

MU:Cr1.1 Imagine - Generate musical ideas for various purposes and contexts.

MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined purposes and contexts

MU:Cr3.1 Evaluate and Refine - Evaluate and refine selected musical ideas to create musical work(s) that meet appropriate criteria.

MU:Cr3.2 Present - Share creative musical work that conveys intent, demonstrates craftsmanship, and exhibits originality.

MU:Cr2.1.Ka With guidance, demonstrate and choose favorite musical ideas.

MU:Pr5.1 Rehearse, Evaluate and Refine -

- Pulse, SML
- Rhythm patterns, phrase
- Mallet technique, AB
- Repertoire, phrase

Lesson / Instruction

Never got to this last week because we working on concert stuff

1. **Review Rules and PAX Game**
2. **DISCUSS HOLIDAY CONCERT**
3. **Game Plan: Sept: Week #1 (Sing and Piano)**
 1. **(12-15 mins) Song with Movement: "Up the Ladder"**
 1. Page #1 in Lesson Plan Book
 2. Materials:
 1. Piano
 2. **(1-2 mins) Rhythmic Procedure: Snap, Clap, Pat, Stomp**
 1. Page #2 Lesson Book
 3. **(15-18 mins) Speech Activity with Instruments: "Fuzzy Wuzzy"**
 1. Page #3 Lesson Book
 1. Materials: Barred Instruments, Conga Drum
 4. **(5-8 mins) Song with Movement: "Down to the Baker's Shop"**
 1. Materials: Piano

Materials / Resources / Technology

- Pulse, SML
- Rhythm patterns, phrase
- Mallet technique, AB
- Repertoire, phrase

- Let's Get Together (Card 7)

Go Fitness (12 min)

Catch 'em Quick

Activities

- Automobile (Card 57)
- Go Activity (15 min)**
- Dribbling & Kicking (feet) Activities (Card 205)
- Cool-down (5 min)**
- Go Fish (Cards 9)

Materials / Resources / Technology

- Hula Hoops, Soccer Ball, Cones for Obstacles/End Zones

Standards

1.PE.1 Perform most basic locomotor, nonlocomotor, and manipulative skills using mature patterns.

1.PE.3 Move in self-space.

1.PE.4 Differentiate between fast and slow speeds, strong and light force.

1.PE.7 Actively engage in health enhancement class.

1.PE.9 Identify warm-up and cool-down activities related to vigorous physical activity.

1.PE.10 Accept personal responsibility by using equipment and space appropriately.

1.PE.11 Follow the rules or parameters of the learning environment.

1.PE.12 Respond appropriately to

provided criteria such as application of selected elements of music, and use of sound sources.

MU:Cr3.1.6b Describe the rationale for making revisions to the music based on evaluation criteria and feedback from their teacher.

MU:Pr4.1 Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.

MU:Pr4.2 Analyze - Analyze the structure and context of varied musical works and their implications for performance.

MU:Pr4.1.6a Apply teacher-provided criteria for selecting music to perform for a specific purpose and/or context, and explain why each was chosen.

MU:Pr4.2.6b When analyzing selected music, read and identify by name or function standard symbols for rhythm, pitch, articulation, and dynamics.

MU:Pr5.1.6a Identify and apply teacher-provided criteria (such as correct interpretation of notation, technical accuracy, originality, and interest) to rehearse, refine, and determine when a piece is ready to perform.

- Refresher on Good Behavior Game
- Warm-up (5 min)**
- Mingle, Mingle (Card 6)
- Go Fitness/ Cardiovascular Activity (12 min)**
- Home Zone Tag (Card 29)
- Go Activity (15 min)**
- Flying Disk (Card 425):
 - Review: (2-4 mins.)
 - Throwing
 - Backhand Throw
 - Forehand Throw
 - Curving the Flying Disk
 - Catching
 - Alligator Catch
 - Thumbs Down Catch
 - Thumbs Up Catch
 - Safety
 - "Throw to, not at others"
 - "Look before they throw"
 - "Follow start and stop signals"
 - Skill Development Activity (20 mins)
 - Catching While Moving
 - Throwing Ahead of Their Partner
 - Change Partners Often
- Cool-down (5 min)**
- High 5 in the Middle (Card 9)

Materials / Resources / Technology

Frisbee

Standards

Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

MU:Pr4.2.Ka With guidance, explore and demonstrate awareness of music contrasts (such as high/low, loud/soft, same/different) in a variety of music selected for performance.

MU:Pr6.1.Ka With guidance, perform music with expression.

MU:Re7.1 Select - Choose music appropriate for a specific purpose or context.

PE 5 2:00pm - 2:45pm

Objective:

- Increase cardiovascular efficiency

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/ expectations
- CATCH PE Rules
- Refresher on Good Behavior Game

Warm-up (5 min)

- Mingle, Mingle (Card 6)

Go Fitness/ Cardiovascular Activity (12 min)

- Home Zone Tag (Card 29)

Go Activity (15 min)

- Flying Disk (Card 425):

Music 4 1:45pm - 2:30pm

Objective:

- Pulse, rondo
- Rhythm patterns, phrase

Lesson / Instruction

Never got to this last week because we working on concert stuff

1. **DISCUSS HOLIDAY CONCERT**

2. **Game Plan: Sept: Week #1 (Sing and Piano)**

1. **(10-12 mins) Speech Activity: "Name Game"**

1. Page #1 in Lesson Plan Book
2. Materials:
 1. Hands for Clapping and Patting

2. **(1-2 mins) Rhythmic Training**

1. Page #2 Lesson Book

3. **(5 mins) Movement Game: "Things of Beauty"**

1. Page #2 Lesson Book
2. Materials:
 1. Recording: "Le van Polkka" from Things of Beauty - Loituma, Timer

4. **(20-25 mins) Song with Instruments:**

"Listen" Objective: crossover bordum, rondo, mallet technique, classify pitched percussion

1. Materials:
 1. Chart #1 (see example in APPENDIX A)

Materials / Resources / Technology

general feedback from a teacher.

1.PE.13 Exhibit the established protocols for class activities.

1.PE.14 Work independently with others in a variety of class environments.

1.PE.16 Follow teacher directions for safe participation and proper use of equipment without teacher reminders.

PE 2 2:00pm - 2:45pm

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/ expectations
- CATCH PE Rules
- Refresher on Good Behavior Game

Warm-up (5 min)

- Let's Get Together (Card 7)

Go Fitness (12 min)

Catch 'em Quick

Activities

- Automobile (Card 57)

Go Activity (15 min)

- Dribbling & Kicking (feet) Activities (Card 205)

Cool-down (5 min)

- Go Fish (Card 9)

Materials / Resources / Technology

Hula Hoops, Soccer Ball, Cones for Obstacles/End Zones

Standards

2.PE.1 Perform basic locomotor, nonlocomotor, and

MU:Re7.1 Select - Choose music appropriate for a specific purpose or context.

Prep 10:28am - 11:30am

Lunch 11:30am - 12:15pm

Music PK 12:15pm - 1:00pm

Objective:

- Establishing a routine
- Long/short
- Repertoire, vocal tone production
- Rhythm patterns, unpitched percussion technique
- Repertoire
- Same/Different
- Pulse, same/different
- Pulse, phrase

Lesson / Instruction

1. **DISCUSS HOLIDAY CONCERT AND SINGING WITH KINDERGARTEN**

2. **Game Plan: Sept: Week #2 (Sing and Piano)**

1. (1-2 mins) **Song: "Welcome Boys and Girls"**
 1. Page #6 in Lesson Plan Book
2. (5-8 mins) **Rhythmic Training**
 1. Clap Your Hands to the Syllables in Your Name, Class Echoes
3. (3-5 mins) **Song: "Goin' to the Farm"**
 1. Page #7 Lesson Book - Sing Songs and Discuss Animals
 2. Chart #1 (Barn)
 3. Visual #1 Farm Animal Cards

4.PE.1 Use a combination of motor skills to engage in a variety of activities.

4.PE.6 Analyze opportunities for participating in physical activities outside health enhancement class.

4.PE.7 Actively engages in the activities of health enhancement class, both teacher-directed and independent.

4.PE.9 Engage in warm-up and cool-down activities related to cardio-respiratory fitness assessment.

4.PE.10 Demonstrate responsible behavior in independent group situations.

4.PE.13 Adhere to rules of etiquette in a variety of physical activities.

4.PE.16 Work safely with peers and equipment in physical activity settings.

PE 3 2:00pm - 2:45pm

Objective:

- Increase cardiovascular efficiency

Lesson / Instruction

Procedures: (10 min)

- Bathroom
- Drinks
- 3 Laps
- Meet in the Center Circle
- Classroom rules/expectations
- CATCH PE Rules

- Review: (2-4 mins.)
 - Throwing
 - Backhand Throw
 - Forehand Throw
 - Curving the Flying Disk
 - Catching
 - Alligator Catch
 - Thumbs Down Catch
 - Thumbs Up Catch
 - Safety
 - "Throw to, not at others"
 - "Look before they throw"
 - "Follow start and stop signals"
- Skill Development Activity (20 mins)
 - Catching While Moving
 - Throwing Ahead of Their Partner
 - Change Partners Often

Cool-down (5 min)

- High 5 in the Middle (Card 9)

Materials / Resources / Technology

Frisbees

Standards

5.PE.1 Exhibit competency in fundamental motor skills and selected combinations of skills.

5.PE.4 Combine spatial concepts with locomotor and nonlocomotor movements for small

- Recording: "Levan Polkka" from Things of Beauty - Loituma, Timer
- Chart #1 (see example in APPENDIX A)

manipulative skills in mature patterns.

2.PE.4 Combine locomotor skills in general space to a rhythm or beat.

2.PE.7 Actively engage in health enhancement class in response to instruction and practice.

2.PE.9 Describe warm-up and cool-down activities related to vigorous physical activity.

2.PE.10 Practice skills with minimal teacher prompting.

2.PE.11 Accept responsibility for class protocols with behavior and performance actions.

2.PE.12 Accept specific corrective feedback from a teacher.

2.PE.13 Recognize the role of rules and etiquette in teacher-designed physical activities.

2.PE.14 Work independently with others in partner environments.

2.PE.16 Work independently and safely in physical activity settings.

Q1 Band (TBD) 2:45pm - 3:30pm

4. (8-10 mins) Song:
"Listen to the Hens"
- Page #7 Lesson Book
 - Materials:
 - Teacher: BX (Bass Xylophone)
 - Students: Tambourine (on "Cluck" in the song after singing it a few times)
5. (1-2 mins) Song: **"Old MacDonald"**
- Materials:
 - Piano (optional)
6. (3-5 mins) Listening Game: **"Chicken Talk"**
- Students perform an action when teacher speaks a word
7. (5-8 mins) Movement Activity: **"Chicken Dance"**
- Materials: "Chicken Dance" from *Lieder aus dem Hofbrauhaus Festkapelle*
8. (5-8 mins) Finger Play: **"Chook, Chook"**
Teacher Speaks Poem While Students Do Actions
9. (2-3 mins) Movement Activity: Color Game
- Materials:
 - Green, Yellow, Red Visual #2 Cards

Materials / Resources / Technology

- Chart #1 (Barn)
- Visual #1 Farm Animal Cards
- Teacher: BX (Bass Xylophone)
- Students: Tambourine

- Refresher on Good Behavior Game
- Warm-up (5 min)**
- Mingle, Mingle (Card 6)
- Go Fitness/ Cardiovascular Activity (12 min)**
- Home Zone Tag (Card 29)
- Go Activity (15 min)**
- Flying Disk (Card 425):
 - Review: (2-4 mins.)
 - Throwing
 - Backhand Throw
 - Forehand Throw
 - Curving the Flying Disk
 - Catching
 - Alligator Catch
 - Thumbs Down Catch
 - Thumbs Up Catch
 - Safety
 - "Throw to, not at others"
 - "Look before they throw"
 - "Follow start and stop signals"
 - Skill Development Activity (20 mins)
 - Catching While Moving
 - Throwing Ahead of Their Partner
 - Change Partners Often

Cool-down (5 min)

- High 5 in the Middle (Card 9)

Materials / Resources / Technology

Frisbee

Standards

groups in gymnastics, dance and games environments.

5.PE.7 Actively participate in all activities of health enhancement class.

5.PE.9 Identify the need for warm-up and cool-down activities related to various physical activities.

5.PE.10 Participate in physical activity with responsible interpersonal behavior.

5.PE.11 Participate with responsible personal behavior in a variety of physical activity contexts, environments, and facilities.

5.PE.14 Accept, recognize, and actively involve others with both higher and lower skill abilities into physical activities and group projects.

5.PE.15 Accept other's ideas, cultural diversity, and body types by engaging in cooperative and collaborative movement projects.

5.PE.16 Apply safety principles with physical activities.

Q1 Band (TBD)
2:45pm - 3:30pm

- "Chicken Dance"
Recording from Lieder
aus dem Hofbrauhaus
Festkapelle
- Green, Yellow, Red
Visual #2 Cards

Notes / Reflection

Next Week:

Start Singing "Frosty
the Snowman"

Listening Game:
"Chicken Talk" was
not successful

**Music 2 1:00pm -
1:45pm**

Objectice:

- Establish a routine
- Rhythm patterns,
phrase
- Repertoire, melodic
contour
- Mallet technique, AB
- Pulse

Lesson / Instruction

**Worked on Bell
Choir music "Jingle
Bells' and
introduced
recorders**

1. **Introduction and
Rules**
2. **Seating**
3. **(1-2 mins) Rhythmic
Training:**
 1. Week #1 on Page
#1
4. **(10-12 mins) Song
with Movement:
"Vacation Fun"**
 1. Page # 2
5. **(15-20 mins) Speech
Activity with
Instruments: "Go!
Go! Go!"**
 1. Students speak
poem playing two
pitches along with
teacher on the
conga drum
 2. Materials:
 1. Students:
Barred

3.PE.1 Perform a
combination of motor
skills in various
contexts.

3.PE.4 Recognize
the concept of open
space in movement
context.

3.PE.9 Recognize
the importance of
warm-up and cool-
down activities
related to vigorous
physical activity.

3.PE.10 Practice
personal
responsibility in
teacher-directed
activities.

3.PE.12 Accept and
implement specific
corrective teacher
feedback.

3.PE.13 Recognize
the role of rules and
etiquette in physical
activity with peers.

3.PE.14 Support
and work
cooperatively with
others.

3.PE.16 Work
independently and
safely in physical
activity settings.

**Q1 Band (TBD)
2:45pm - 3:30pm**

Instruments
(Xylophone)
2. Conga Drum
6. (8-10 mins) Play
**Party: "Ha Ha This
Away!"**
1. Page #3
2. Sing song in
standing circle with
hands joined.;1st
four pulses, swing
arms, 2nd four,
choice of each
student
3. Materials:
1. Piano/Guitar

**Materials /
Resources /
Technology**

- Students: Barred
Instruments
(Xylophone)
- Teacher: Conga Drum
- Piano/Guitar

Notes / Reflection

Next Week:
Work on Bell Choir: "Jingle
Bells"
Recorders: "O Christmas
Tree"

Did not have time to do all
the curriculum in this
lesson

**Band 5 1:45pm -
2:30pm**

- Pulse, rhythm patterns,
vocal repertoire, AB
- Rhythm patterns,
phrase
- Pulse against rhythm

Lesson / Instruction

1. **DISCUSS HOLIDAY
CONCERT**

- Boom Wacker Band -
"Rudolph is Coming to
Town" with Chorus
- Choir - "My Favorite
Things"

2. **Game Plan: Sept:
Week #1**

1. (18-20 mins) Song with Movement:
"Good Morning"
 1. Page #1 in Lesson Plan Book
 2. Materials:
 1. Piano
1. (1-2 mins) Rhythmic Training
 1. Page #2 Lesson Plan Book
 2. Hands Clapping
2. (20-22 mins) Speech Activity with Instruments: **"Out Goes the Rat"**
 1. Page #3 Lesson Plan Book
 2. Materials:
 1. Barred Instruments (Xylophone)
 2. Conga Drum

Materials / Resources / Technology

- Barred Instruments (Xylophone)
- Conga Drum
- Piano

Notes / Reflection

Next Week:

Continue working on Boom Wacker Song: "Rudolph is Coming to Town" and singing "My Favorite Things"

Standards

MU:Cn10.0 Connect 10 - Synthesize and relate knowledge and personal experiences to make music.

MU:Cr1.1 Imagine - Generate musical ideas for various purposes and contexts.

MU:Cr2.1 Plan and Make - Select and develop musical ideas for defined

purposes and contexts

MU:Pr4.1 Select - Select varied musical works to present based on interest, knowledge, technical skill, and context.

MU:Pr5.1 Rehearse, Evaluate and Refine - Evaluate and refine personal and ensemble performances, individually or in collaboration with others.

MU:Pr6.1.5a Perform music, alone or with others, with expression, technical accuracy, and appropriate interpretation.

MU:Re7.1 Select - Choose music appropriate for a specific purpose or context.

Q1 Band (TBD)
2:45pm - 3:30pm