Friday

10/02/2020



Breakfast Duty 8:00am - 8:25am

PE - Kinder 8:35am - 9:25am

Monday

09/28/2020

Warm-up (10 min) People dodge

Fitness (15 min) Red Light Green Light

Activity (15 min) Critter Crackers

Cool-Down (10 min) People dodge

S.T.E.M Science - 1st 9:35am - 10:15am

Life cycles (5 min) Review what a life cycle is

Be a Friend to Trees (30 min)

More picture perfect science lessons

Brain Break (10 min) GoNoodle

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Band

Drum Groves

Continue working on groves

Tuesday 09/29/2020

Breakfast Duty 8:00am - 8:25am

PE - 1st 8:35am - 9:25am

Warm-up (10 min) People dodge

Fitness (15 min) Red Light Green Light

Activity (15 min) Critter Crackers

Cool-Down (10 min) People dodge

S.T.E.M Science - 2nd 9:35am - 10:15am

Be a Friend to Trees (30 min)

More picture perfect science lessons

Brain Break (10 min) GoNoodle

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Choir

Warm-up (5 min) Humming

Bumblebee

Rounds (10 min) Row your boat Wednesday 09/30/2020

Breakfast Duty 8:00am - 8:25am

PE - 2nd 8:35am - 9:25am

Warm-up (10 min) People dodge

Fitness (15 min) Red Light Green Light

Activity (15 min)
Critter Crackers

Cool-Down (10 min) People dodge

S.T.E.M Science - 3rd 9:35am - 10:15am

Prep Adventure 2
Start this adventure

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Band

Drum GrovesWork on a new set

Boomwhackers

Continue working on volume 2

Music - K 12:15pm - 1:00pr

Song (5 min) Goin' to the farm Thursday 10/01/2020

Breakfast Duty 8:00am - 8:25am

PE - 3rd 8:35am - 9:25am

Warm-up (10 min) Stretch

Fitness/Activity (30 min) Kick ball

Cool Down (10 min) Walk

S.T.E.M Science - 4th 9:35am - 10:15am

Prep Adventure 2
Start this adventure

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Choir

Warm-up (5 min)

Humming I love to sing

Round (10 min)
Dona Nobis Pachem

Ukulele

Youtube Continue working on riptide

Music - 2nd 12:15pm - 1:00pm

Breakfast Duty 8:00am - 8:25am

PE - 4th 8:35am - 9:25am

Warm-up (10 min) Stretch

Fitness/Activity (30 min) Kick ball

Cool Down (10 min) Walk

S.T.E.M Science - K 9:35am -10:15am

Life cycles (5 min) Review what a life cycle is

Be a Friend to Trees (30 min)

More picture perfect science lessons

Brain Break (10 min) GoNoodle

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Band

Drum Groves

Writing your own drum grove Put together groves and have class perform them

Music - 1st 12:15pm -



Boomwhackers

Continue working on volume 2

Prep 12:15pm - 1:00pm

Music - 4th 1:00pm - 1:45pm

Instrument Family

Learn the 4 families of instruments

Instrument Bingo

Learn about every instrument Have them say instrument family

5/6 Band or Choir 1:48pm - 2:39pm

Band

Groves

Introduce/start drum groves

Boomwhackers

Continue volume 1

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

Dona Nobis

Ukulele (5 min) Youtube

Prep 12:15pm - 1:00pm

Music - 3rd 1:00pm - 1:45pm

Speech Activity with game (20 min)

Talk to me

Song with instruments (20 min)

Down to the bakers shop

Rhythmic Training (5 min) Four Beats After

5/6 Band or Choir 1:48pm - 2:39pm

Choir

Warm-Up (5 min)

Humming I love to sing

Rounds (15 min)

Row your boat

Ukulele (20 min) Youtube

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

Song with instruments (10 min)

Listen to the cows

Song (2 min)
Old MacDonald

Nursery Rhyme (10 min) Hey Diddle, Diddle

Movement Activity (5 min) Milk Bucket Boogie

Song with Movement (10 min)

Prep 1:00pm - 1:45pm

Hunt the Cows

5/6 Band or Choir 1:48pm - 2:39pm

Band

Drum Groves

Continue working on first set of groves

Boomwhackers

Continue working on volume

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

Song with Game (10 min) Traffic Lights

Instrument Activity (10 min) Listen to the sounds

Game with Instruments (10 min)

Unpitched percussion

Rhythmic Reading (10 min) Rhythm game with Instruments

Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm - 2:39pm

Choir

Warm-up (5 min)

I love to sing

Round (15 min)

Row your boat

Ukulele

Youtube

Work on strumming and G7

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm -3:20pm

1:00pm

Movement Warm-up (3 min) Moving Up and Down

Mallet Technique (5 min) Playing up and down

Singing activity (5 min) Sing me Your Name Sing me your favorite color

Song with Instruments (10 min)

Hickory Dickory Dock

Rhythmic Reading (5 min) Labeling Ta

Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm - 2:39pm

Band

Drum Goves

Continue working on groves

Boomwhackers

Continue working on volume 1

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm