| $\begin{gathered} \text { Monday } \\ \text { 09/28/2020 } \end{gathered}$ | $\begin{gathered} \text { Tuesday } \\ \text { 09/29/2020 } \end{gathered}$ | Wednesday 09/30/2020 | Thursday 10/01/2020 | $\begin{aligned} & \text { Friday } \\ & 10 / 02 / 2020 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| Breakfast Duty 8:00am 8:25am | Breakfast Duty 8:00am 8:25am | Breakfast Duty 8:00am 8:25am | Breakfast Duty 8:00am 8:25am | Breakfast Duty 8:00am 8:25am |
| PE - Kinder 8:35am - 9:25am | PE-1st 8:35am - 9:25am | PE - 2nd 8:35am - 9:25am | PE - 3rd 8:35am - 9:25am | PE - 4th 8:35am - 9:25am |
| Warm-up (10 min) People dodge | Warm-up (10 min) People dodge | Warm-up (10 min) People dodge | Warm-up (10 min) Stretch | Warm-up (10 min) Stretch |
| Fitness (15 min) Red Light Green Light | Fitness (15 min) Red Light Green Light | Fitness (15 min) Red Light Green Light | Fitness/Activity (30 min) Kick ball | Fitness/Activity (30 min) Kick ball |
| Activity (15 min) Critter Crackers | Activity (15 min) Critter Crackers | Activity (15 min) Critter Crackers | Cool Down (10 min) Walk | Cool Down (10 min) Walk |
| Cool-Down (10 min) <br> People dodge | Cool-Down (10 min) People dodge | Cool-Down (10 min) People dodge | S.T.E.M Science - 4th 9:35am - 10:15am | $\begin{aligned} & \text { S.T.E.M Science - K 9:35am - } \\ & \text { 10:15am } \end{aligned}$ |
| $\begin{aligned} & \text { S.T.E.M Science - 1st 9:35am } \\ & \text {-10:15am } \end{aligned}$ | S.T.E.M Science - 2nd $9: 35 \mathrm{am}-10: 15 \mathrm{am}$ | S.T.E.M Science - 3rd 9:35am - 10:15am | Prep Adventure 2 <br> Start this adventure | Life cycles (5 min) Review what a life cycle is |
| Life cycles (5 min) Review what a life cycle is | Be a Friend to Trees (30 min) | Prep Adventure 2 <br> Start this adventure | Prep 10:15am - 10:50am <br> Lunch 10:50am - 11:20am | Be a Friend to Trees (30 $\min$ ) |
| Be a Friend to Trees (30 | lessons | Prep 10:15am - 10:50am | 7/8 Band or Choir 11:23am - | lessons |
| min ) |  | Lunch 10:50am - 11:20am | 12:12pm |  |
| More picture perfect science lessons | Brain Break (10 min) GoNoodle | 7/8 Band or Choir 11:23am - | Choir | Brain Break (10 min) GoNoodle |
|  | Prep 10:15am-10:50am | 12 | Warm-up (5 min) | Prep 10:15am - 10:50am |
| GoNoodle | Lunch 10:50am - 11:20am |  | I love to sing | Lunch 10:50am - 11:20am |
| Prep 10:15am - 10:50am | $7 /$ | Drum Groves <br> Work on a new |  | 7/8 Band or Choir 11:23am - |
| Lunch 10:50am - 11:20am | 12:12pm |  | Dona Nobis Pachem | 12:12pm |
| 7/8 Band or Choir 11:23am - 12:12pm | Choir Warm-up ( 5 min ) | Boomwhackers Continue working on volume 2 | Ukulele | Band Drum Groves |
| Band | Humming <br> Bumblebee | Music - K 12:15pm - 1:00pm | Youtube <br> Continue working on riptide | Writing your own drum grove Put together groves and have |
| Drum Groves |  | Song (5 min) |  |  |
| Continue working on groves | Rounds (10 min) Row your boat | Goin' to the farm | 1:00pm | Music - 1st 12:15pm - |


| Boomwhackers <br> Continue working on volume <br> 2 |
| :--- |
| Prep 12:15pm - 1:00pm |
| Music - 4th 1:00pm - 1:45pm <br> Instrument Family <br> Learn the 4 families of <br> instruments <br> Instrument Bingo <br> Learn about every instrument <br> Have them say instrument <br> family <br> 5/6 Band or Choir 1:48pm - <br> 2:39pm <br> Band <br> Groves <br> Introduce/start drum groves <br> Boomwhackers <br> Continue volume 1 <br> Prep 2:42pm - 3:00pm <br> 3-8 Skill Building 3:00pm - <br> 3:20pm |


| Dona Nobis |
| :--- |
| Ukulele (5 min) |
| Youtube |$|$| Prep 12:15pm - 1:00pm |
| :--- |
| Music - 3rd 1:00pm - 1:45pm |
| Speech Activity with <br> game (20 min) <br> Talk to me <br> Song with instruments (20 <br> min) <br> Down to the bakers shop <br> Rhythmic Training (5 min) <br> Four Beats After |
| 5/6 Band or Choir 1:48pm - <br> $2: 39$ pm |
| Choir |
| Warm-Up (5 min) |
| Humming |
| I love to sing |
| Rounds (15 min) |
| Row your boat |
| Ukulele (20 min) |
| Youtube |
| Prep 2:42pm - 3:00pm |
| $3-8$ Skill Building 3:00pm - |
| $3: 20$ pm |

## Song with instruments (10

 min)Listen to the cows
Song (2 min)
Old MacDonald
Nursery Rhyme (10 min)
Hey Diddle, Diddle
Movement Activity (5 min)
Milk Bucket Boogie
Song with Movement (10
min)
Hunt the Cows

## Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm 2:39pm
Band

## Drum Groves

Continue working on first set of groves

## Boomwhackers

Continue working on volume
1

## Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm 3:20pm


## 1:00pm

Movement Warm-up (3 min) Moving Up and Down

Mallet Technique (5 min) Playing up and down

Singing activity (5 min)
Sing me Your Name
Sing me your favorite color
Song with Instruments (10 min)
Hickory Dickory Dock
Rhythmic Reading (5 min) Labeling Ta
Prep 1:00pm - 1:45pm
5/6 Band or Choir 1:48pm 2:39pm
Band
Drum Goves
Continue working on groves

## Boomwhackers

Continue working on volume
1
Prep 2:42pm - 3:00pm
3-8 Skill Building 3:00pm -
3:20pm

