Friday

09/04/2020



Warm-up (10 min)

-Limber Letters

Fitness (15 min)

Activity (15 min)

Cool-down (10 min)

-Double Agents

-Limber Letters

Concepts- Effort,

awareness

Notes

-Alphabet Walk

Monday Tuesday Wednesday Thursday 08/31/2020 09/01/2020 09/02/2020 09/03/2020 No School Breakfast Duty 8:00am -Breakfast Duty 8:00am -8:25am 8:25am 8:25am PE - 2nd 8:35am - 9:25am

Breakfast Duty 8:00am -

PE - 3rd 8:35am - 9:25am

Warm-up (10 min) -People Dodge

Fitness (15 min) -Frequent Flyer

Activity (15 min) -Automobile

Cool-down (10 min) -People Dodge

Notes Concepts- traveling, stretching, dodging, spatial awareness, cardiovascular efficiency, muscular strength

S.T.E.M Science - 4th 9:35am 10:15am

Establish Routine (5 min) -Classroom rules/ expectations with kits

Engineering (5 min) -Finish talking about different types

Prep Adventure 1 -Pass out packets

-Duo Update (5 min) -Set the Stage (10 min)

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

Breakfast Duty 8:00am -8:25am

PE - 4th 8:35am - 9:25am

Warm-up (10 min) -People Dodge

Fitness (15 min) -Frequent Flyer

Activity (15 min) -Automobile

Cool-down (10 min) -People Dodge

Notes

Concepts- traveling, stretching, dodging, spatial awareness, cardiovascular efficiency, muscular strength

S.T.E.M Science - K 9:35am -10:15am

Establish Routine (5 min) -Introductions

-Classroom expectation

Bubbles (25 min)

-Are free-forming bubbles always round?

-Science lessons pg 39

Clean-up (10 min) -Clean up bubbles and bubble wands

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am

PE - 1st 8:35am - 9:25am

Warm-up (10 min) -Limber Letters

Fitness (15 min) -Alphabet Walk

Activity (15 min) -Double Agents

Cool-down (10 min) -Limber Letters

Notes

Concepts- Effort, relationships, force, spacial awareness

S.T.E.M Science - 2nd 9:35am - 10:15am

Establishing Routine- (5-10 min)

-Introductions

-Classroom rules/ expectations

Packets (30 min) Finish each page as a class

Extra time

What is Science? http://www.youtube.com/ watch?v=PzgHs2Qb9Tk

Prep 10:15am - 10:50am

S.T.E.M Science - 3rd 9:35am - 10:15am

Establish Routine (5 min)

relationships, force, spacial

-Classroom rules/ expectations with kits

Engineering (5 min)

-Finish talking about different types

Prep Adventure 1

-Pass out packets -Duo Update (5 min) -Set the Stage (10 min)

Prep 10:15am - 10:50am

Lunch 10:50am - 11:20am



Lunch 10:50am - 11:20am

7/8 Band or Choir 11:23am - 12:12pm

Band

Establish Routine (10 min) Introductions

Classroom Expectations
Grading

Letter home

Boomwhacker (25 min) Go through Color-coded set

Stomp (15 min)
Watch stomp videos
http://www.youtube.com/
watch?v=fN5T8y8bCJ4

Prep 12:15pm - 1:00pm

Music - 3rd 1:00pm - 1:45pm

Establishing routine (10 min)

- -Seating chart
- -Classroom expectations
- -How to earn points

Rhythmic Training (5 min)

- -Go over Syllables
- -Rhythm Cards

Fuzzy Wuzzy (15 min)

-Speech Activity with instruments

Down To The Bakers

Shop (5 min)

-Song with movement

Line up (5 min)

-Practice line up with distance

7/8 Band or Choir 11:23am - 12:12pm

Choir

Establish Routine (10 min)

- -Introductions
- -Seating chart
- -Grading procedure

Ukulele (30 min)

- -Introduction
- -Parts of the Ukulele
- -Tuning
- -Position
- -Learning to strum

Transition (5 min)

-Put away ukulele/chairs

Music - K 12:15pm - 1:00pm

Welcome Back To School

Establishing Routine (10 min)

- -Introductions
- -Classroom Rules/ expectations
 - -PAX Points
 - -Safety/Covid

Vocal warm-ups (3 min)

-Echo vocal slides

Welcome Boys and Girls (2 min)

-Song

Going to the Farm (8 min)

-Song with lumi sticks

Listen to the Ducks (8 min)

-Song with instruments

7/8 Band or Choir 11:23am -12:12pm

Band

Practice Routine (5 min)

- -grab chairs
- -to spots
- -remind letter needs to be in next week

Boomwhacker (20 min)

-go through color coded songbooks

Stomp (15 min)

-keep watching

Music - 2nd 12:15pm - 1:00pm

Establishing routine (10 min)

- -Seating chart
- -Classroom expectations
- -How to earn points

Rhythm Training (5 min)

- -Go over syllables
- -Rhythm Cards

Go! Go! Go! (20 min)

-Speech activity with instruments

Freeze Dance (5 min)

-movement game

Line up (5 min)

-Practice line up with distance

Notes

Standards- pulse, rhythm patterns, contour, repertoire,

7/8 Band or Choir 11:23am - 12:12pm

Choir

Practice Routine (5 min)

- -grab chairs-to spots
- -grab ukulele

Ukulele (35 min)

- -Review what we did on wednesday
- -First chord
- -Ukulele notation

Transition (5 min)

-ukulele/chairs

Music - 1st 12:15pm - 1:00pm

Establishing routine (10 min)

- -Seating chart
- -Seating chart
 -Classroom expectations
- -How to earn points

Rhythm (5 min)

- -Rhythm Syllables
- -Rhythm Cards

Song with Instruments (15 min)

- -Welcome Back To School
- -Each student gets one instrument during the song

Move and Freeze (5 min)

-Movement game

Five Little Monkeys (5 min)

-Speech/vocal exploration activity



Notes

Standards- rhythm patterns, SML, repertoire, mallet technique, phrase, AB form

5/6 Band or Choir 1:48pm - 2:39pm

Band

Establish Routine (10 min) Introductions Classroom Expectations Grading Letter home

Boomwhacker (25 min) Go through Color-coded set

Stomp (15 min)
Watch stomp videos
http://www.youtube.com/watch?v=fN5T8y8bCJ4

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

Line up (5 min)

-Practice line up with distance

Extra

Freeze Dance

Notes

Standards: Pulse, fast/slow, rhythm patterns, high/low

Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm - 2:39pm

Choir

Establish Routine (10 min)

-Introductions

-Seating chart

-Grading procedure

Ukulele (30 min)

-Introduction

-Parts of the Ukulele

-Tuning

-Position

-Learning to strum

Transition (5 min)

-Put away ukulele/chairs

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

mallet technique, phrase, AB form

Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm - 2:39pm

Band

Practice Routine (5 min)

-grab chairs

-to spots

-remind letter needs to be in next week

Boomwhacker (20 min)

-go through color coded songbooks

Stomp (15 min) -keep watching

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm

Line up (5 min)

-Practice line up with space

Notes

Standards- pulse, high/low, same/different, unpitched percussion technique

Prep 1:00pm - 1:45pm

5/6 Band or Choir 1:48pm - 2:39pm

Choir

Practice Routine (5 min)

-grab chairs-to spots -grab ukulele

Ukulele (35 min)

-Review what we did on wednesday

-First chord

-Ukulele notation

Transition (5 min)

-ukulele/chairs

Prep 2:42pm - 3:00pm

3-8 Skill Building 3:00pm - 3:20pm