

COVID-19 Missoula County Resources

Food:

- MCPS Food Access: <https://www.mcpsmt.org/site/Default.aspx?PageID=15388>
- SNAP Benefits/Applications: www.apply.mt.gov
- WIC (Women, Infant, Children) <http://www.signupwic.com/>
- Missoula Food Bank: missoulafoodbank.org/covid-19-further-process-changes/
- Dominos: Free slice of pizza, through 3/27, 10am-2pm, 4921 N Reserve St & 111 South Ave W.

Domestic Violence:

- YWCA 24 Hr Crisis Line: 800-483-7858
- National Domestic Violence Hotline 24/7/365 at @ndvh by chat or by calling their hotline at 1-800-799-7233

Mental Health Supports

- Montana Warmline 1-877-688-3377 (not a crisis line, but an option for someone with mental health to talk to someone. Can refer to other services if needed through three-way calling)
- Crisis Text Line: Text HOME to 741741
- Suicide Hotline; National 1-800-273-8255 Montana; 1-800-784-2433

Technology

- Free and reduced internet, free online classes <https://www.internetessentials.com/>
- Free and reduced internet <https://www.spectrum.com/browse/content/spectrum-internet-assist>
- For families with Straight Talk they can add data for free right now by texting COVID to 611611

Legal (housing support)

- The Montana Legal Services Association has compiled a guide to housing and other legal issues related to COVID-19. Visit <https://www.montanalawhelp.org/issues/covid-19>, or call 1-800-666-6899
- The Associated Students of the University of Montana Renter Center has prepared a medium post with advice for tenants in this situation. Visit <https://medium.com/griz-renter-blog/difficulty-paying-rent-heres-what-to-do-4f6f880bd34c>
- Call 2-1-1 to see if you can get financial and other assistance

Unemployment/Financial

- Montana Unemployment Division <http://uid.dli.mt.gov/>

Non-Food Essentials

- Families can contact the Food Bank- (406) 549-0543 and they will figure out a way to get people items they need (may be pick up/delivery)
- Mutual Aid Organization's "Non-food Essentials Warehouse" -150 S. Catlin St., around the corner from The Good Food Store, and our hours coincide with the Food Bank:
 - 10 a.m. - 7 p.m. on Monday, Tuesday, and Thursday
 - 10 a.m. - 1 p.m. only on Wednesday
 - NOT open on Friday, Saturday or Sunday.
 - HELP-LINE phone number for free deliveries is (406) 219-1843